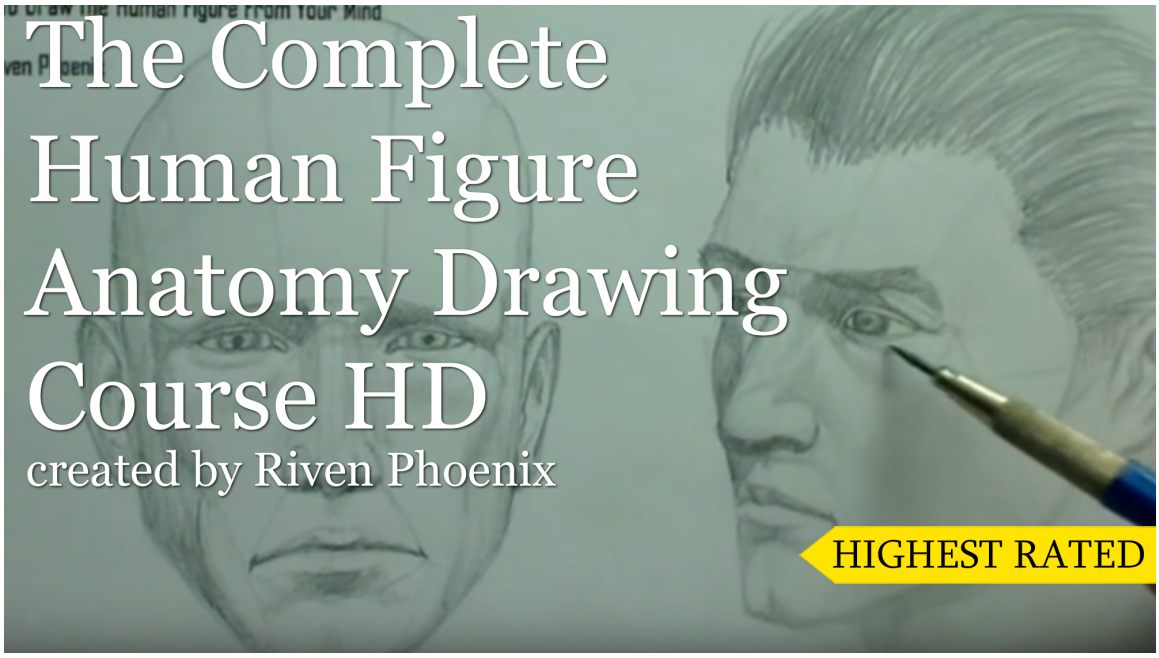

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

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Figure Drawing Lesson 110 - The Muscles of The Human Neck - Part 1

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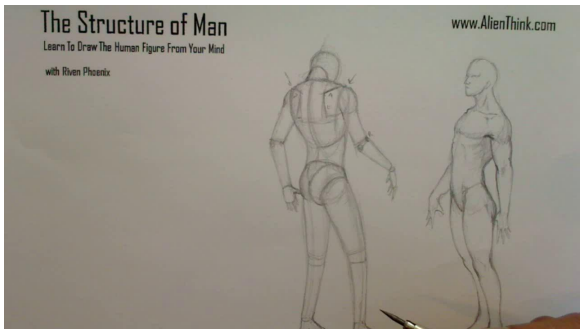
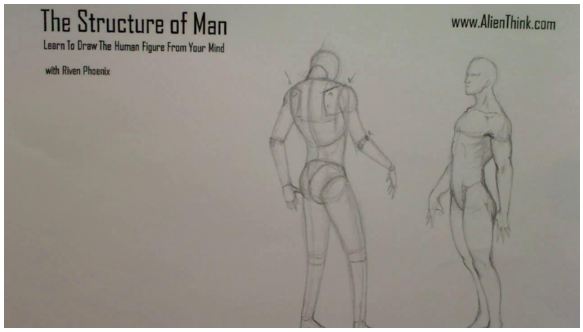
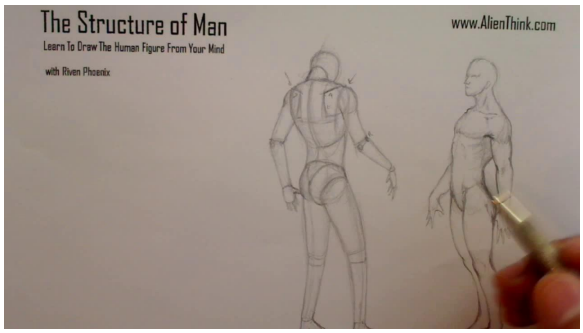
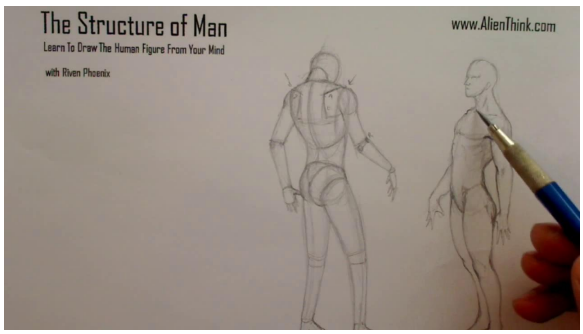
1		Hey guys, my name is Riven Phoenix and welcome to the structure of men learn to draw the human
2		figure from your mind training course.
3		Okay, so now we're ready to move on into the next part of understanding the human figure
4		and this is going to be the area for the neck.

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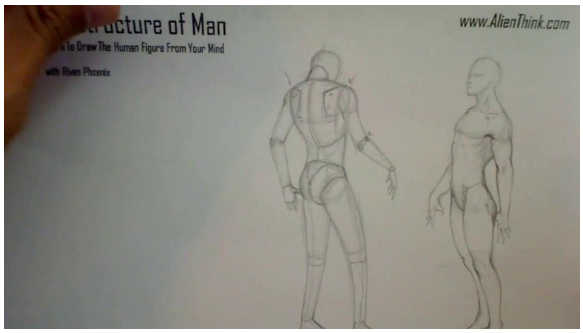
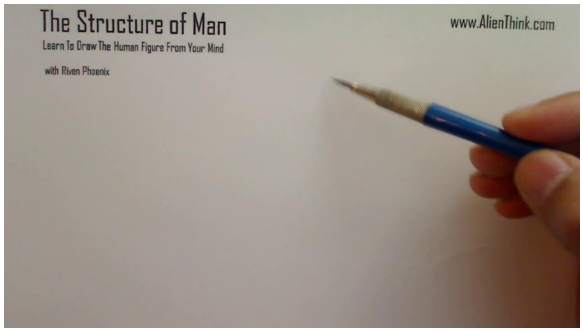
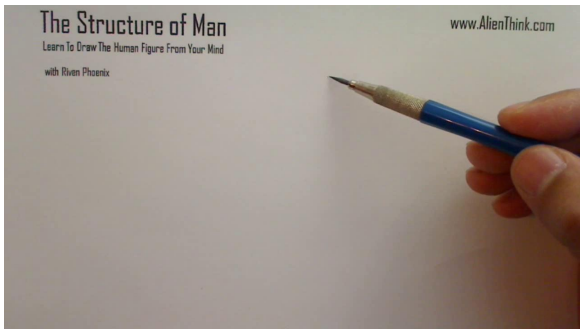
5		So to do this, what we're going to have to do is create at least three different views
6		of the front.
7		So basically here, I'm just going to draw out, let's say, a line over here like this.
8		Let's see, I want to make this as big as possible.

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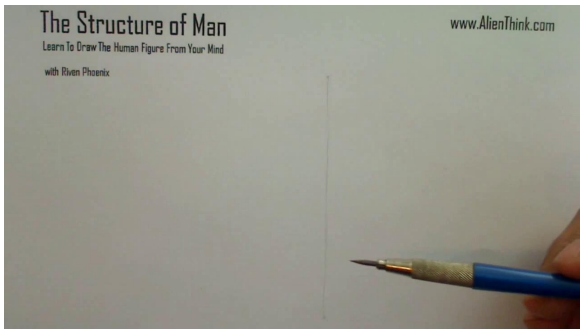
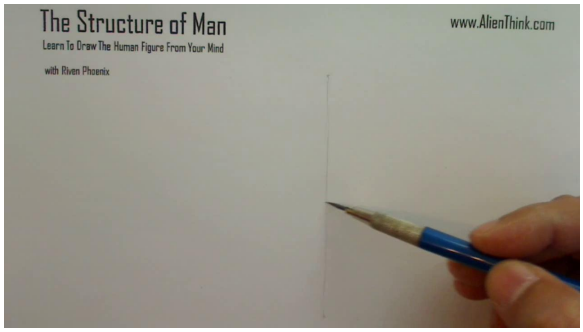
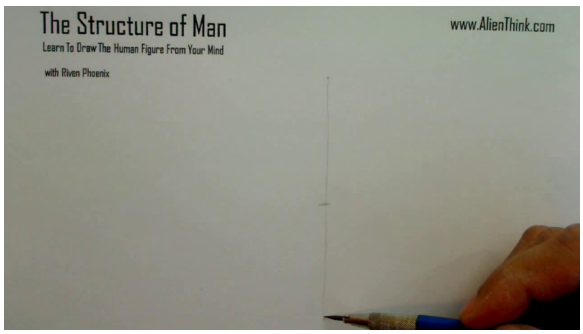
9		Okay, so once we get this line, what we need is the understanding that this is going to
10		be really the part of the, we're going to divide it like going up, right?
11		So this is going to be the where the chest is going to be and this is going to turn
12		out to be your navel over here, right?

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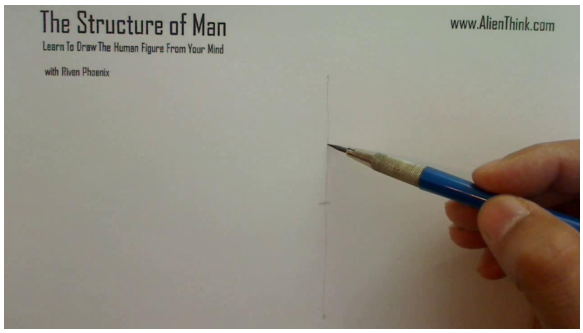
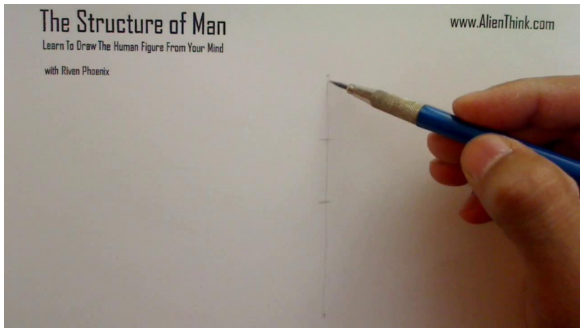
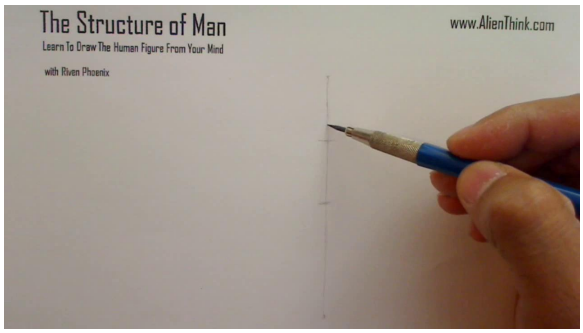
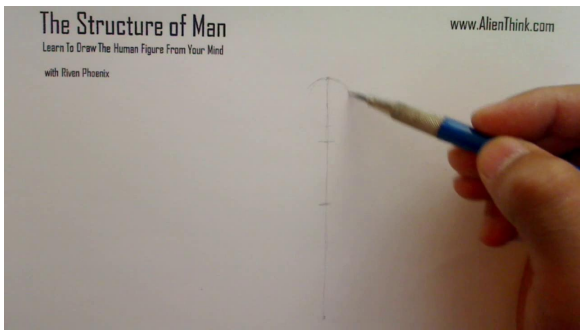
13		And then we're going to just put this mark over here.
14		So for this, we really don't have to render out the human head, right?
15		You can do that if you want to, we really just now want to look at some of the, we can
16		do that easily just doing contour lines now, right?

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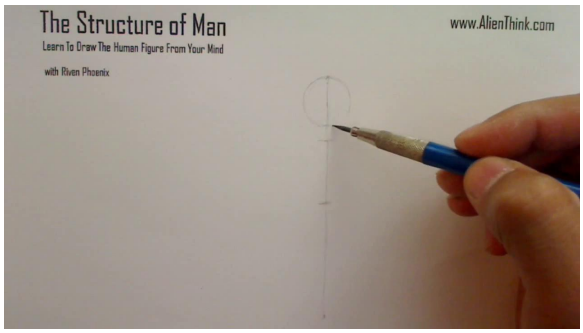
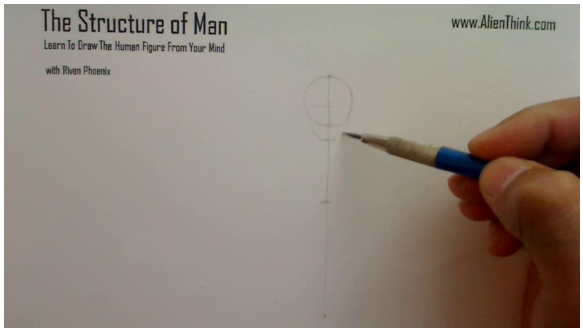
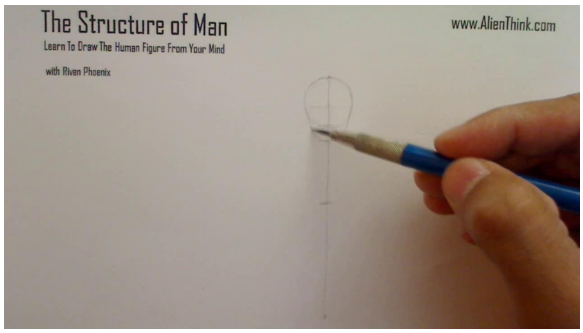
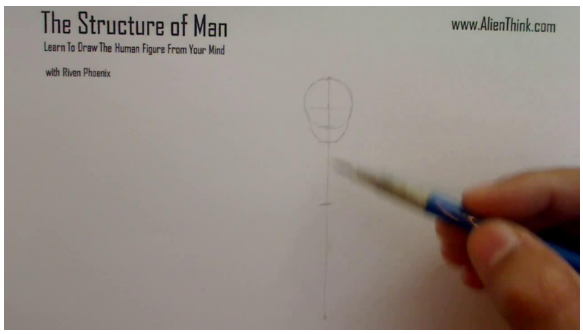
17		So here I'm just going to draw out first conceptually the idea for the head, right?
18		So you can see we don't even have to measure, right?
19		We just know it's just going to be like this over here, right?
20		So once you get this, you know that the clavicle is going to be here and then we said stated

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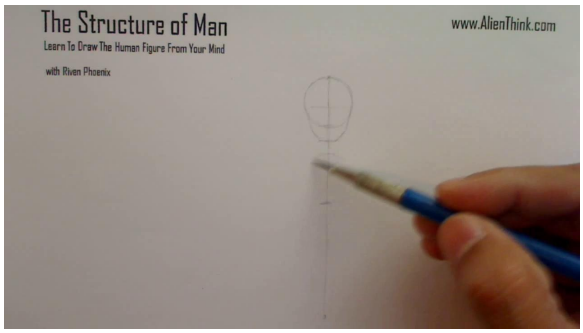
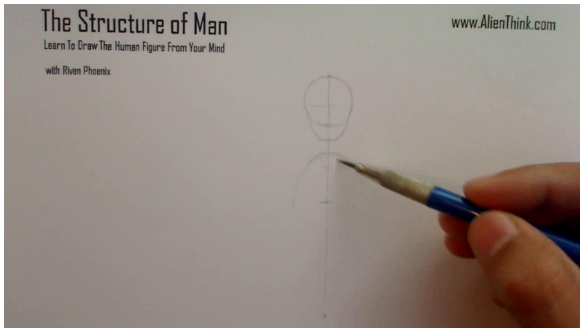
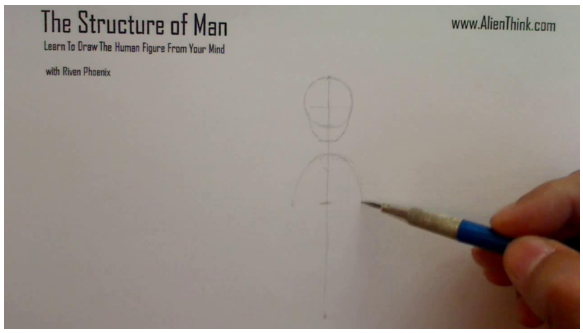
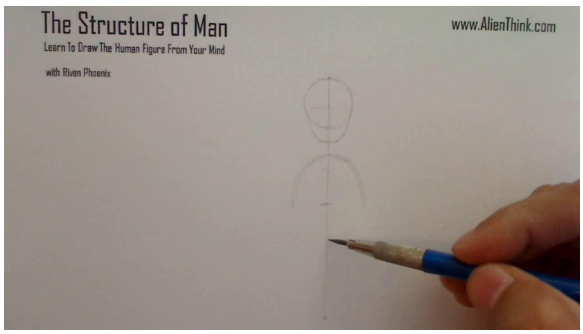
21		that this is where the chest cavity is going to be.
22		So here I'm just going to draw this out.
23		So when I draw it out of here, I'm just going to visually look and see that, right?
24		Just balance it out over here, right?

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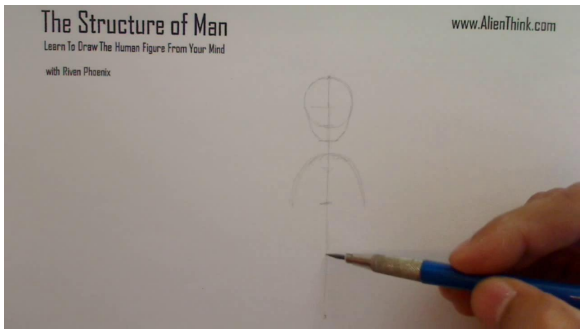
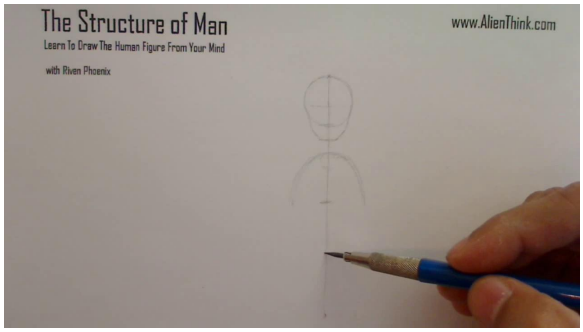
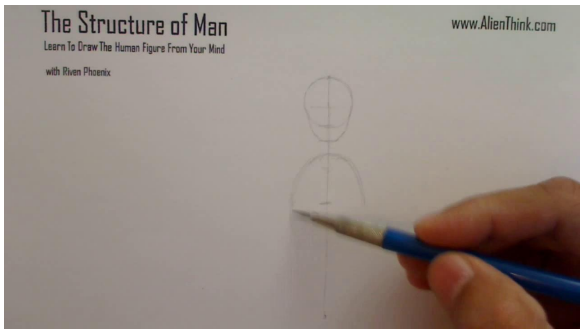
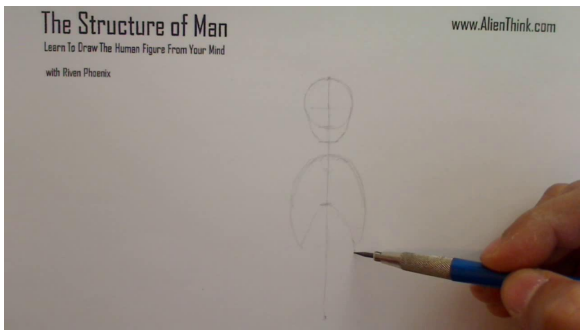
25		So actually, I'm sorry, this is going to be the crotch area.
26		This is going to be the navel over here, right?
27		So over here, I'm going to draw this out just like this engine and then clean it up over here.
28		Right, so once we get this part over here, basically we're now going to put down the

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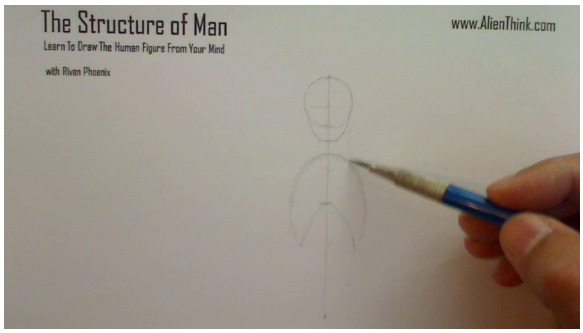
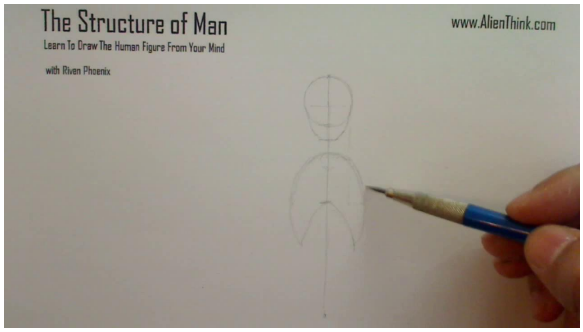
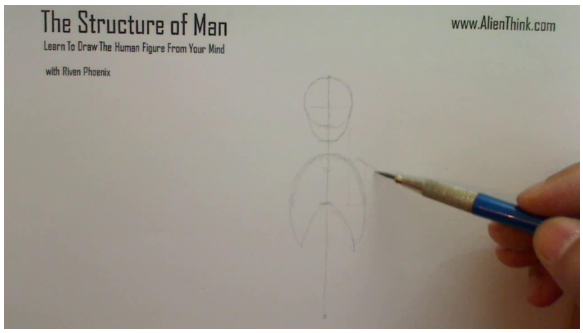
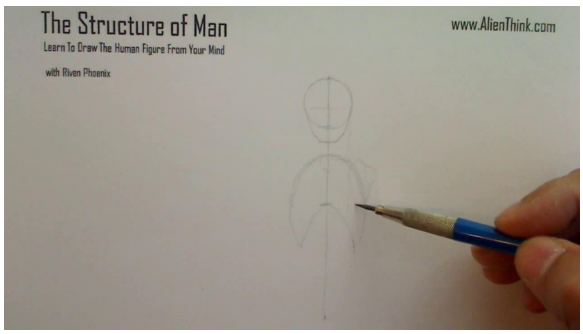
29		structure here for the clavicle.
30		So here we have to be kind of precise here as to how we're drawing this because it's
31		going to really matter us to what we're going with the information that we're going to
32		get from this.

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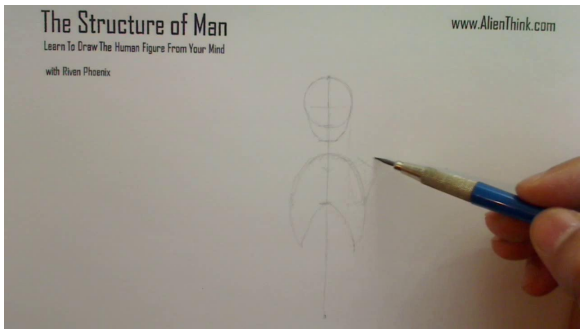
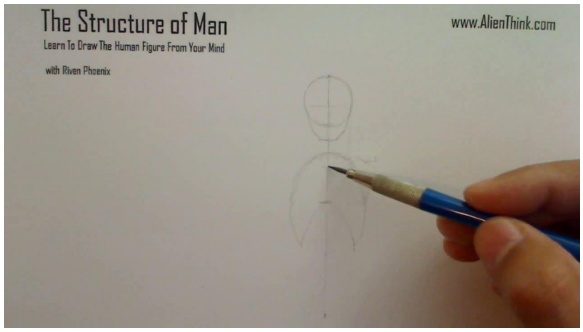
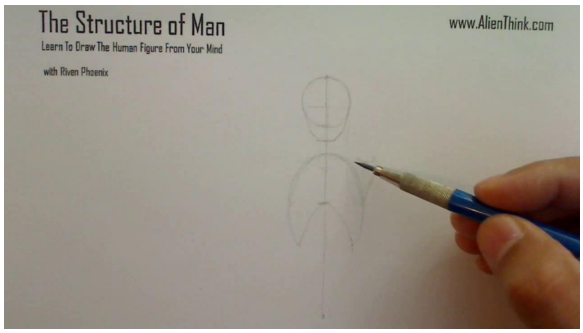
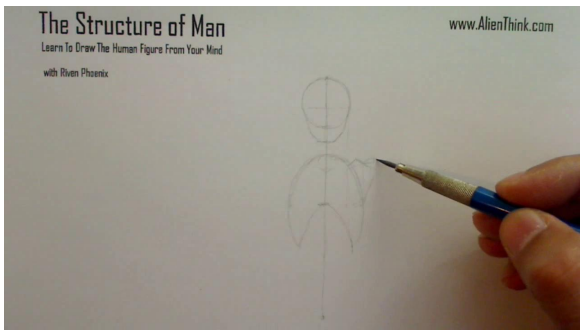
33		So B is precise as possible.
34		So here you know that basically the clavicle is obviously going to go on top here.
35		So this is why we can just draw it this way, right?
36		This is going to be the top part over here like this and then it's just going to come down

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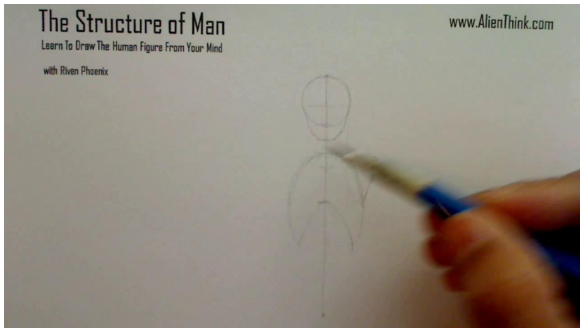
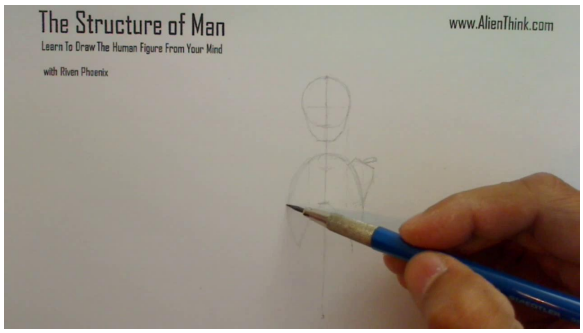
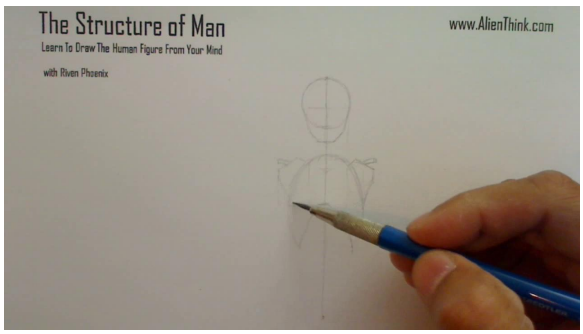
37		this way.
38		Okay, then over here we'll do the same thing.
39		Just put those markers down like this and just start to draw out like this.
40		Right, just get a bit, you don't have to draw it all the way through here.

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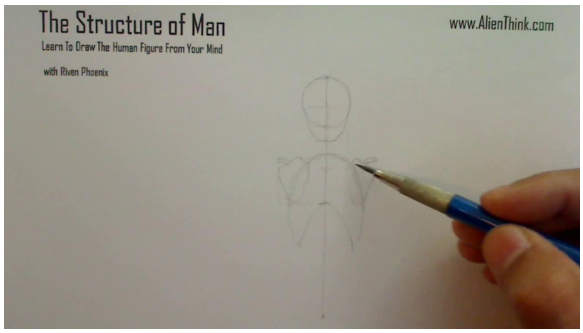
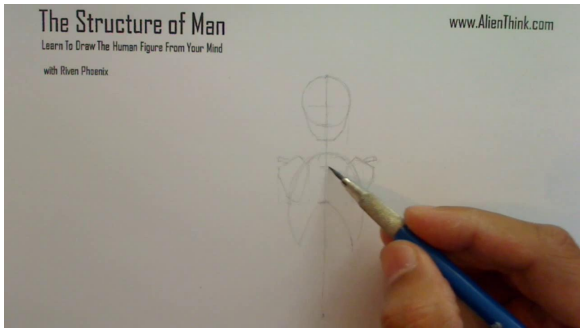
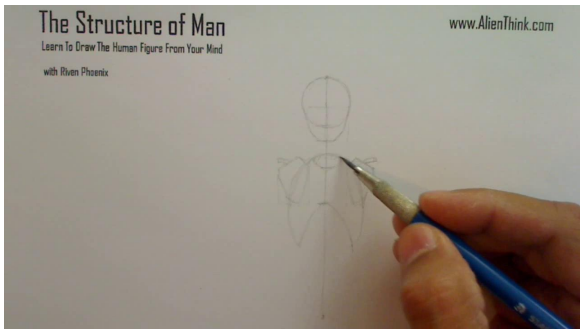
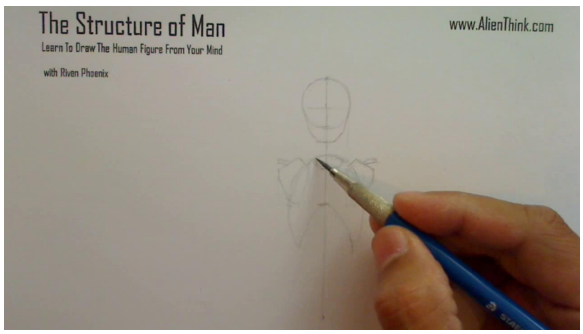
41		Just get the conceptual idea down there, we'll clean up all these all these ideas and here
42		we know that we don't have to draw out the whole chest cavity here, just the basic concept
43		of this.
44		We know that this is going to be this big and we know that the clavicle, there's going

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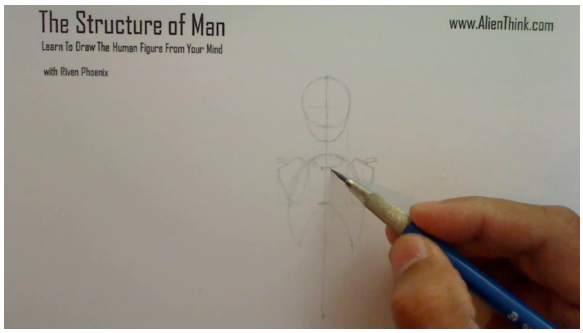
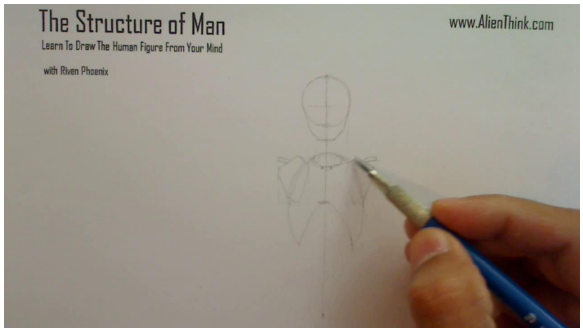
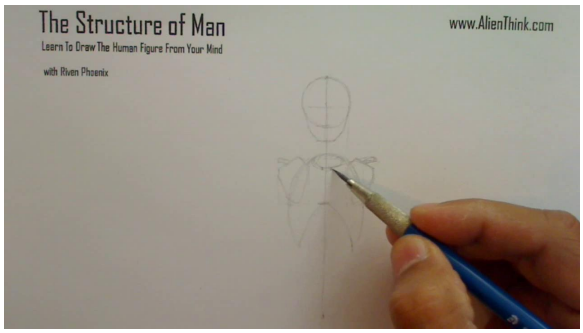
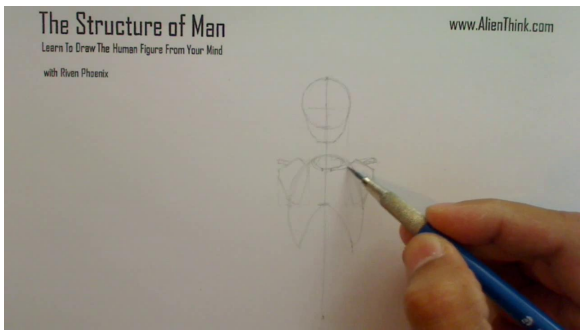
45		to be a space here, right?
46		So we're just going to put the clavicle here where this is a little bit up over here
47		like so.
48		Just like this over here and do the same thing on this there.

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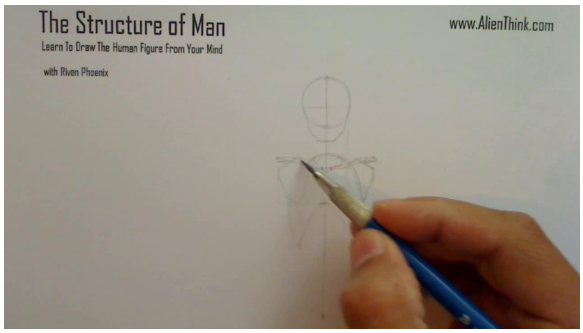
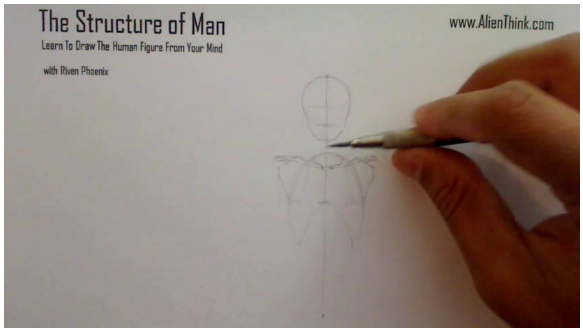
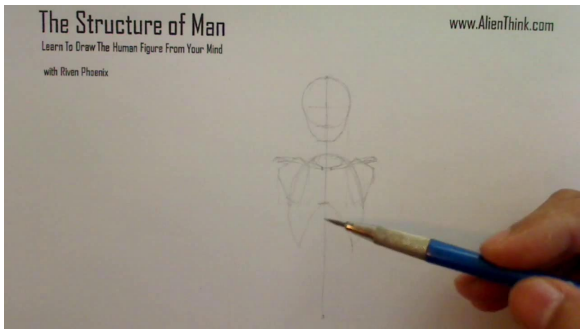
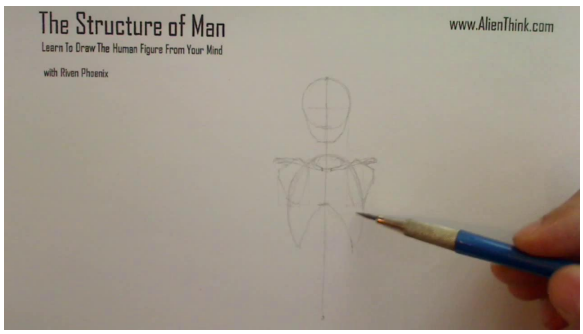
49		The clavicle is what gives us the clue as to where everything is going, right?
50		And then you can just measure just to make sure that you've got it pretty conceptually
51		right over here, right?
52		So once we have, this is going to be the front.

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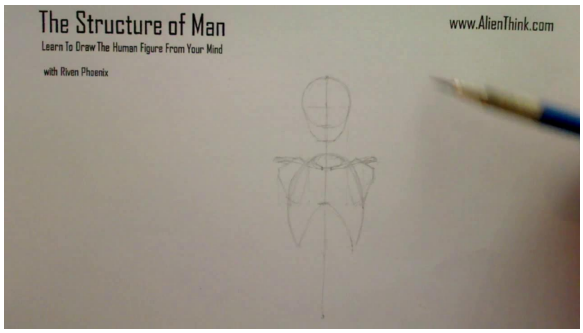
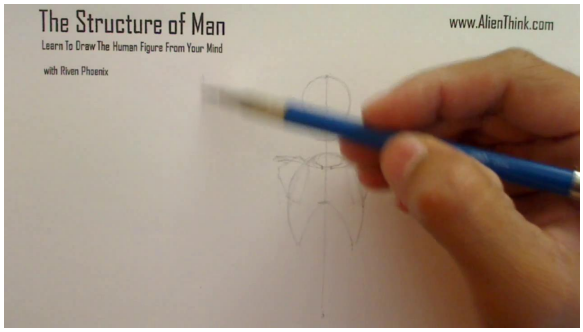
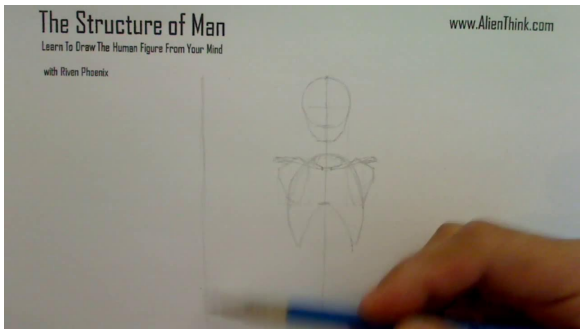
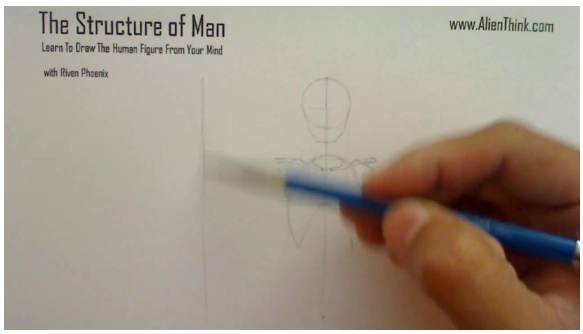
53		So now we're going to create the side view, here we'll create the side view on this end.
54		Okay, so here I'm just going to draw a line out again, this is going to be very simple
55		now, right?
56		It should be just sentencing coming out from your minus to how to create these drawings.

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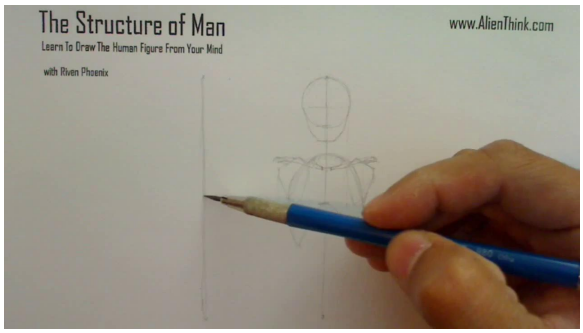
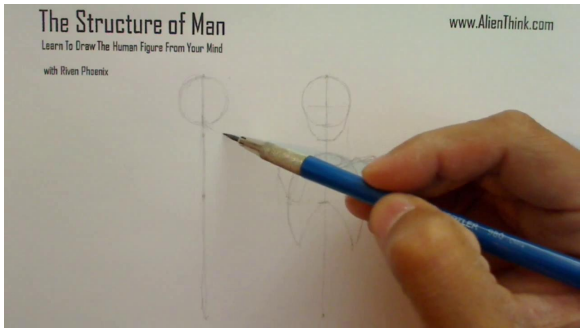
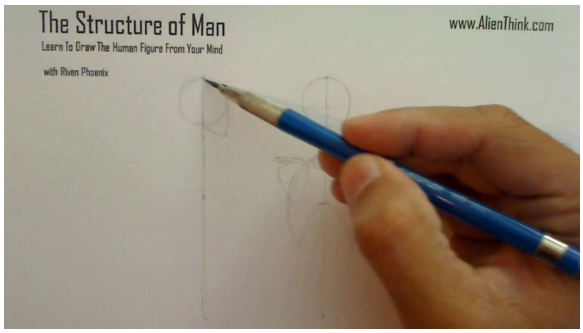
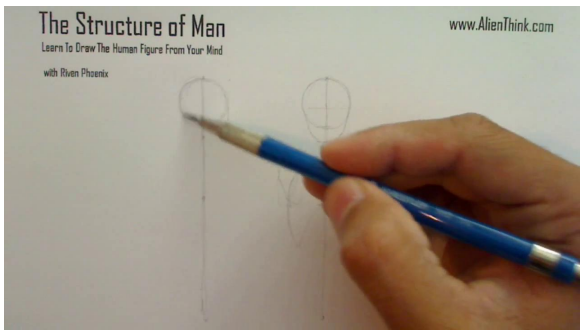
57		Okay, and then over here I'm just going to get the idea here for the skull and then basically
58		just going to come down like this over here, right?
59		Just get the conceptual idea there.
60		And you can cut it up if you go like this, right, regardless of the ball, right?

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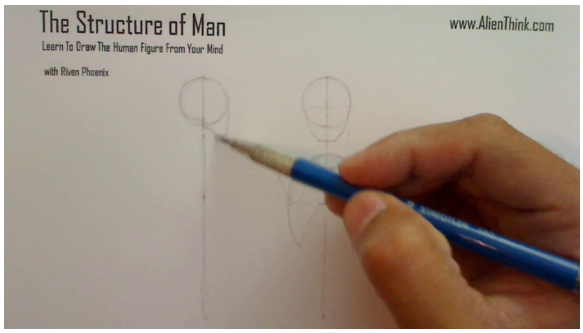
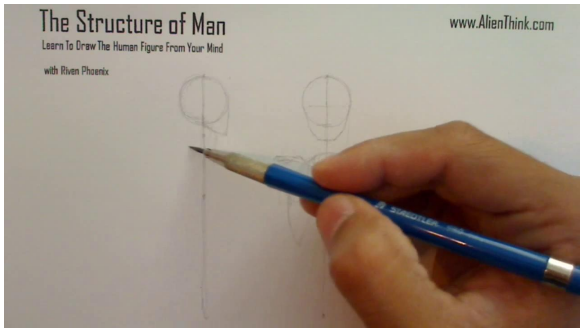
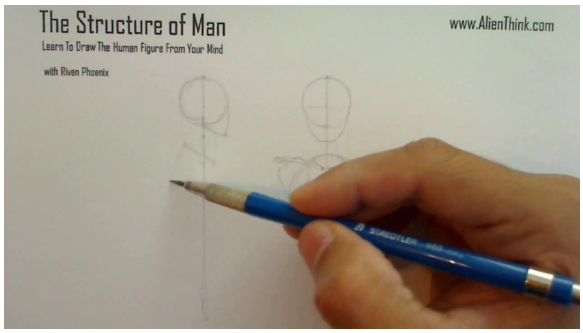
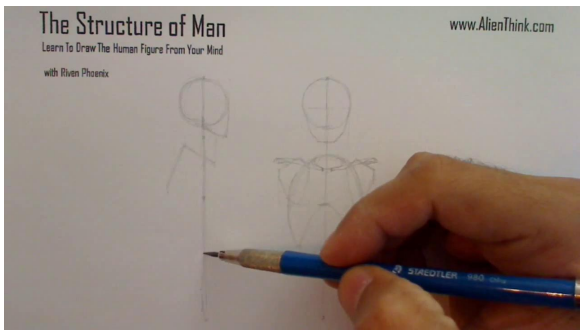
61		And then here we know this is going to be easy where the clavicle is, we're going to
62		state that right, just go up above about here and where this is, we're just going to add
63		over here, this line over here.
64		We know that the the naval is going to be over here.

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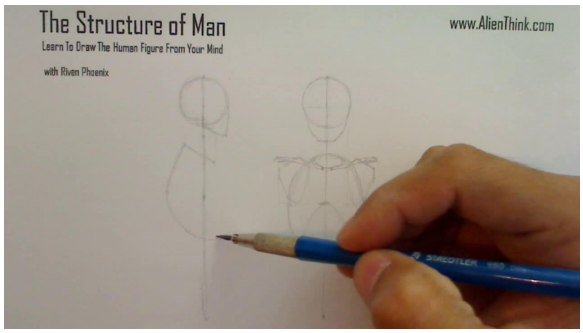
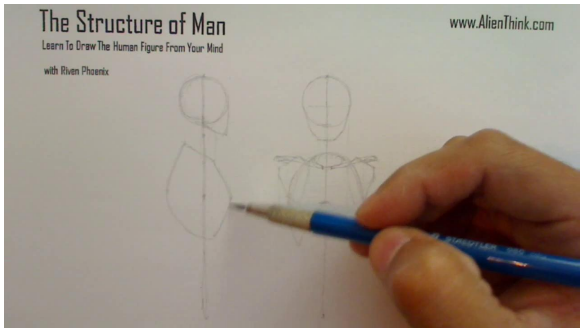
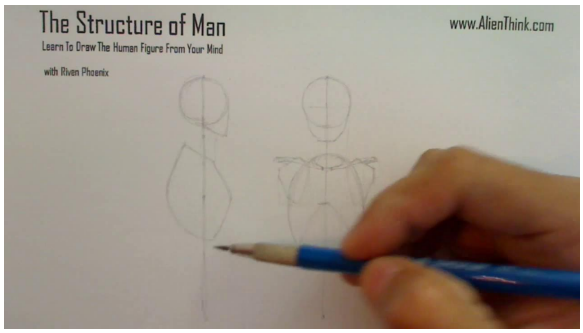
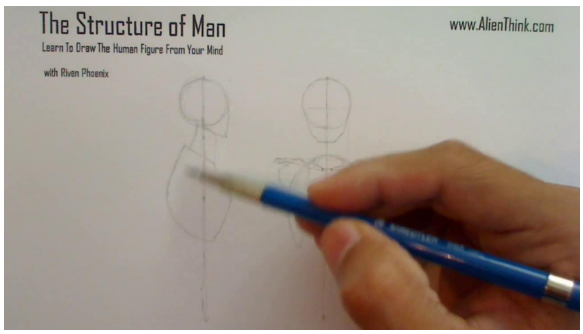
65		So we're going to just come back up and know that we just need to do this for the side
66		over here.
67		Okay, so that gives us the side and here we know that the spine is just basically going
68		to go like this over here.

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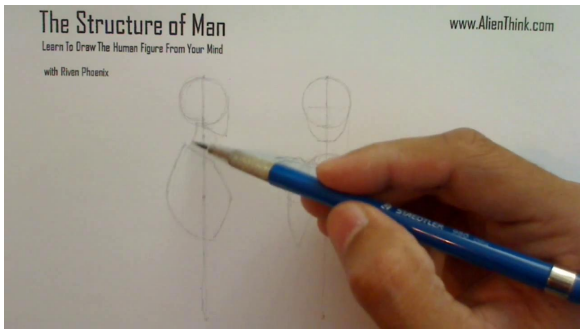
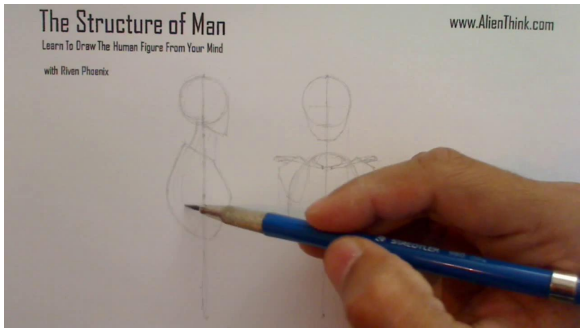
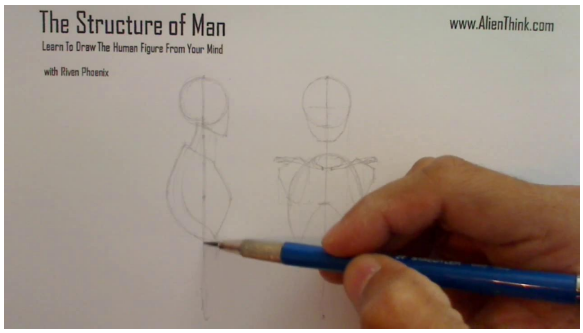
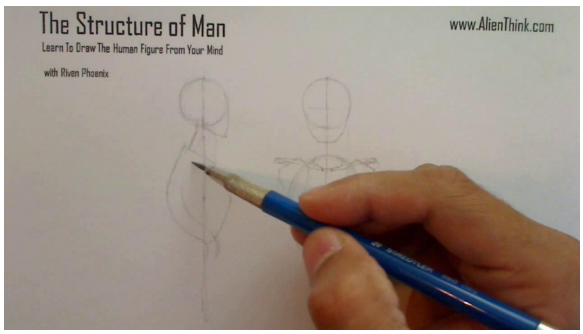
69		We don't have to draw out the whole spine here now, right?
70		Because we understand the basic concept of it now, it's just going to go like out like
71		this over here, right, conceptually put it out.
72		And here is just basically going to be where your shoulder is going to be.

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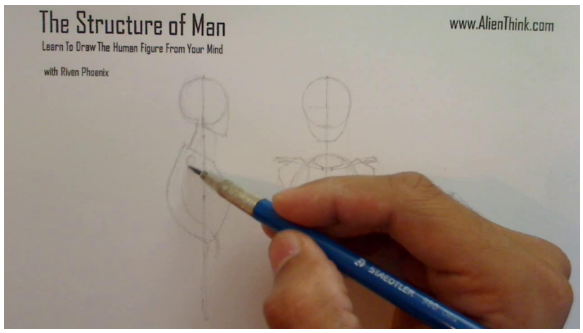
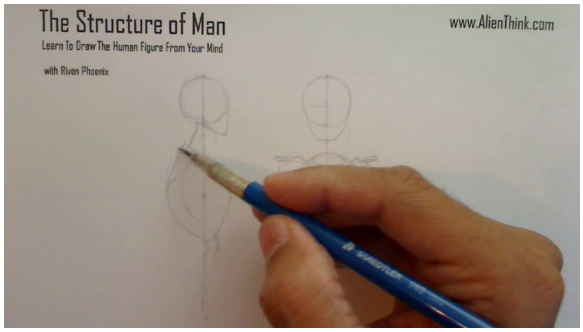
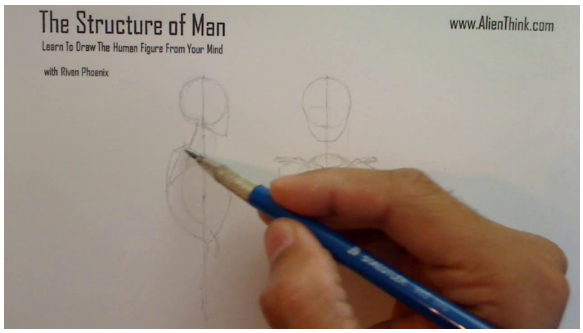
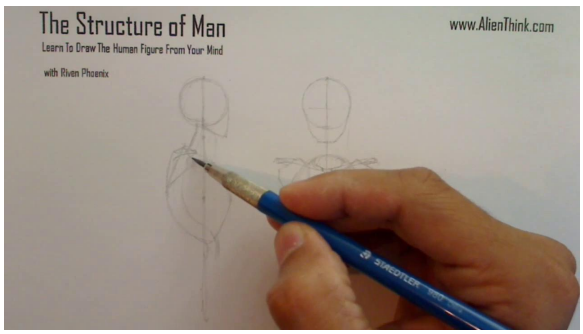
73		So once you figure that out, you know that the the scapula is just going to go down
74		here, it's going to be like this shape over here, right?
75		And you know that this is going to come up like this, right?
76		And we know this because we know that the clavicle is now just going to go down like

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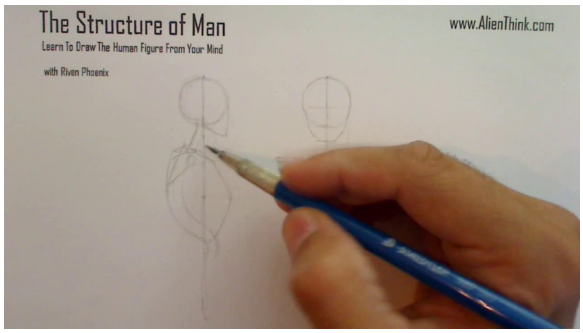
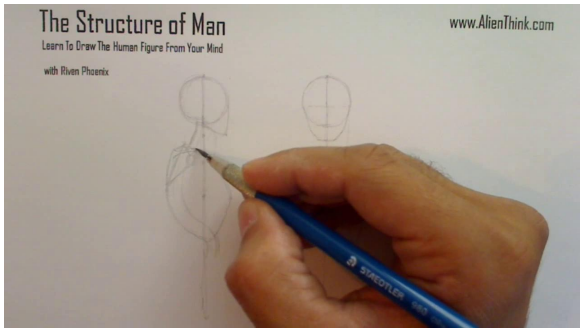
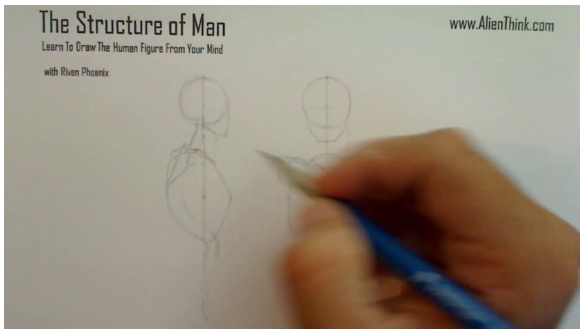
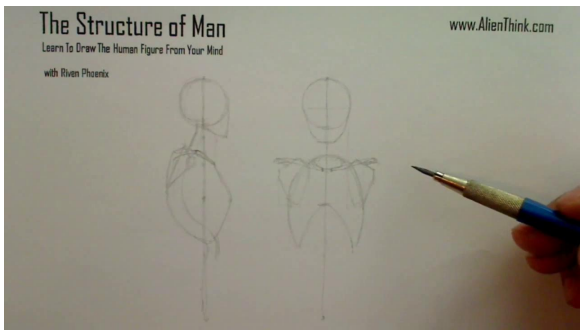
77		this, right?
78		So when you draw the clavicle, right, you're going to just envision this in 3D as to how
79		it's curving, just conceptually get it down like so.
80		So once we have this done, what we're going to do is now draw three-fourths view.

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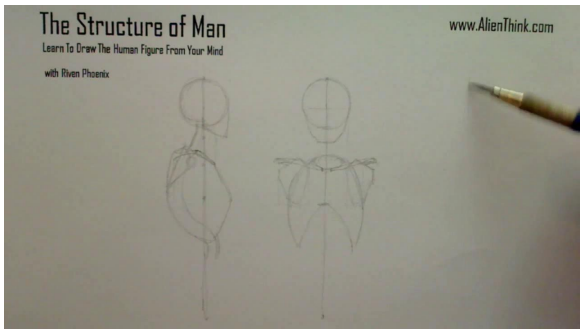
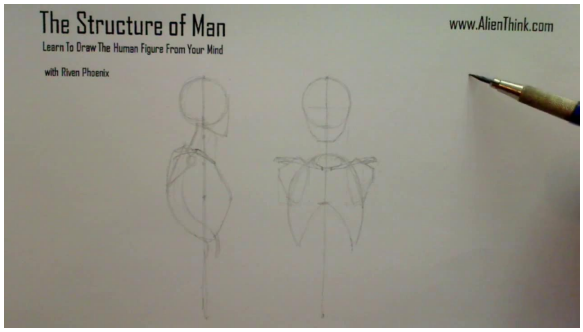
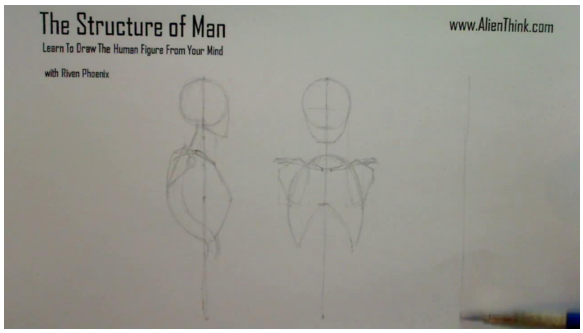
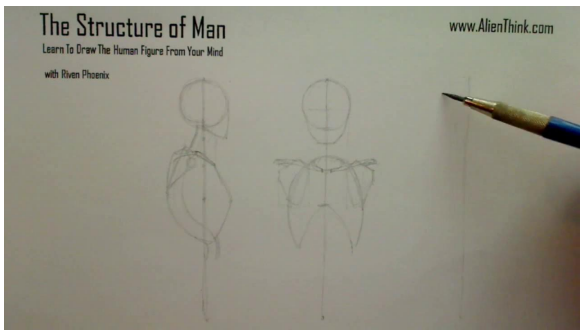
81		So it's bit.
82		So to do that here, we're just actually going to draw a line for the three-fourths view
83		to give us like a guide here to work with.
84		So the three-fourths view is now going to be very simple because we can just use our

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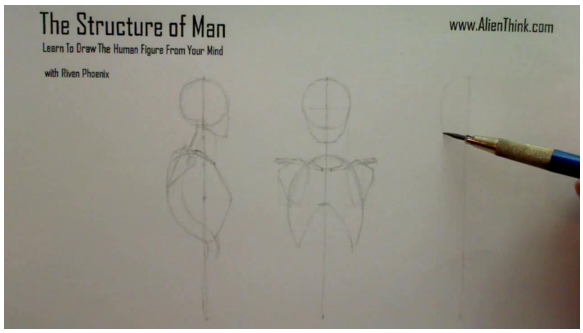
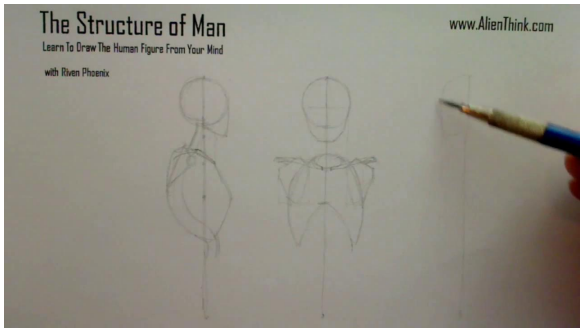
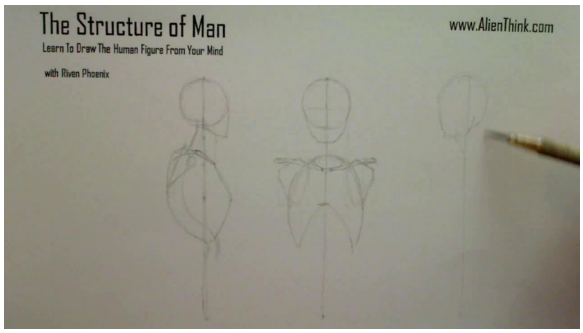
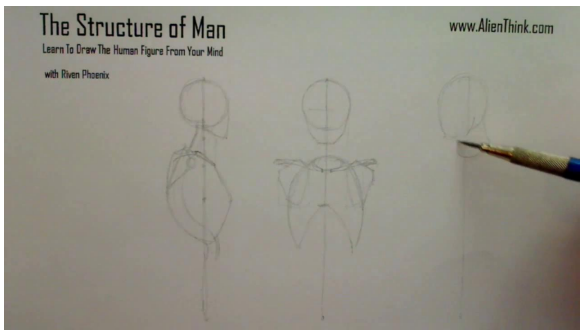
85		mannequin system, right?
86		So here we're going to let's say do the view kind of like this over here and then here
87		I'm going to make the neck like this, right?
88		I'm going to elongate it a little bit if you want to, it doesn't matter because, right?

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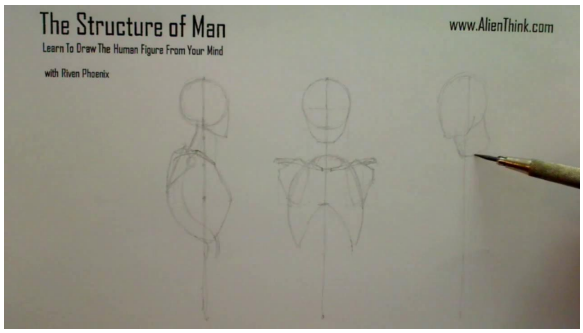
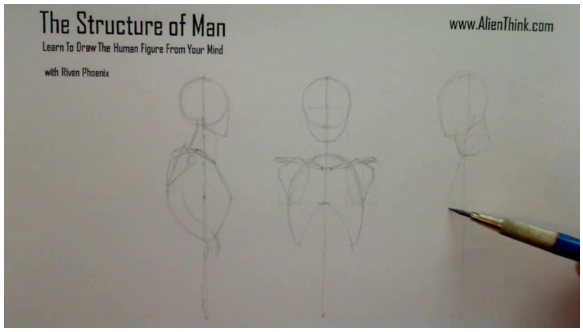
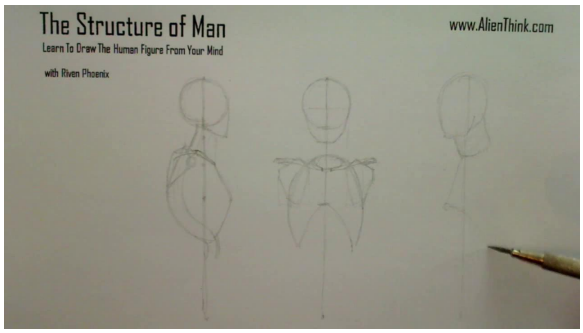
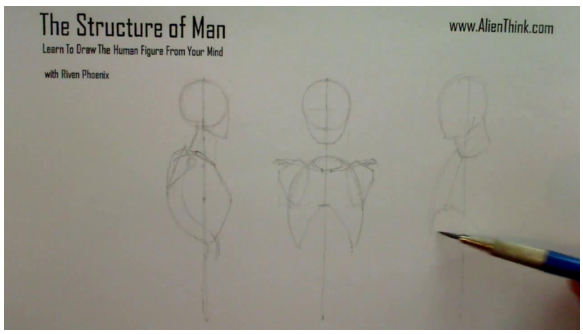
89		Even if longer, just a little bit and it'll just help you to understand the muscles but
90		don't do it too much, right?
91		So in here it's just going to be very simple, but just going to draw out the chance cavity
92		like this, right?

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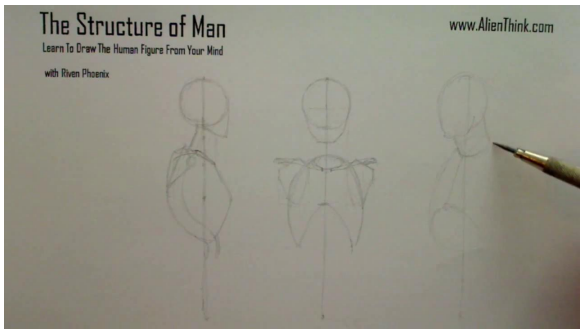
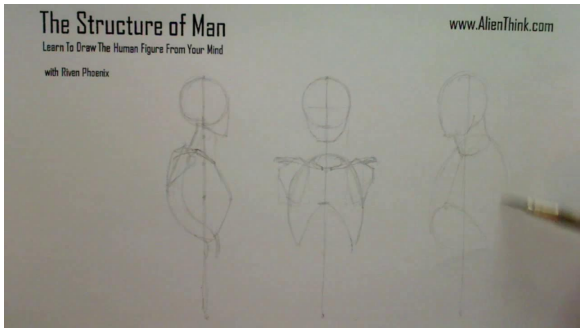
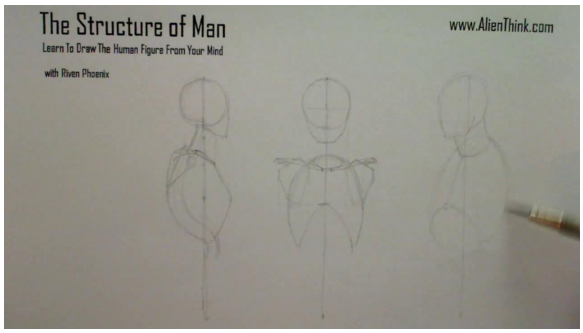
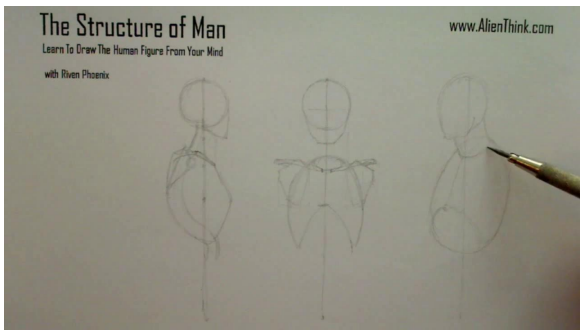
93		In a 3D view, right?
94		So we, the mannequin concept, we only use it for the neck, right?
95		So to get this idea down like so and then we can just clean it up once and then here
96		you know that, right?

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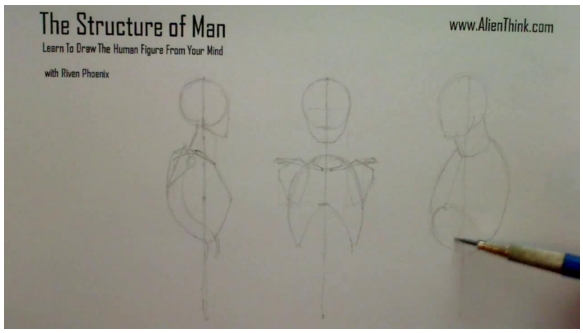
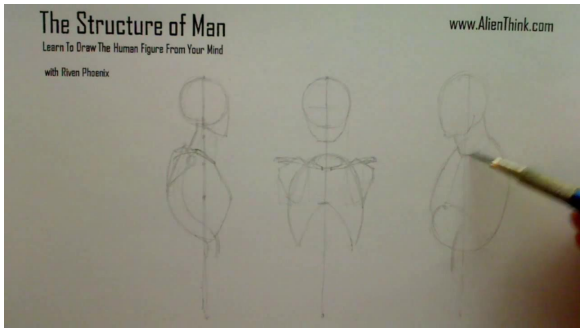
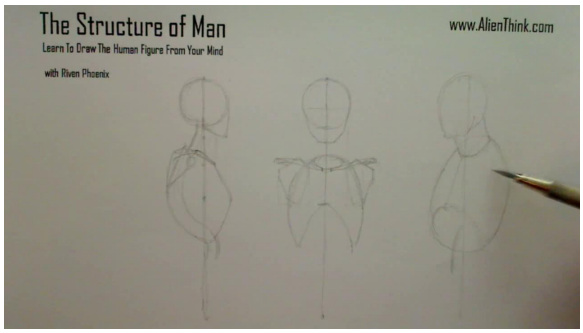
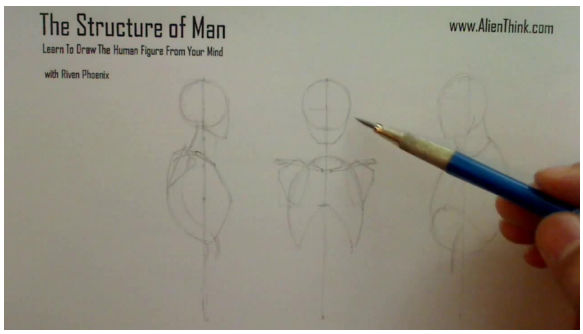
97		The spine is just going to go like this, we don't have to worry about that, right?
98		So now we come to the idea of, okay, how can we now be a little, we know that we can
99		just understand from where the navel is going to be, do a line, right?
100		But if you really look at this, right, you can see that, okay, well, what's really going

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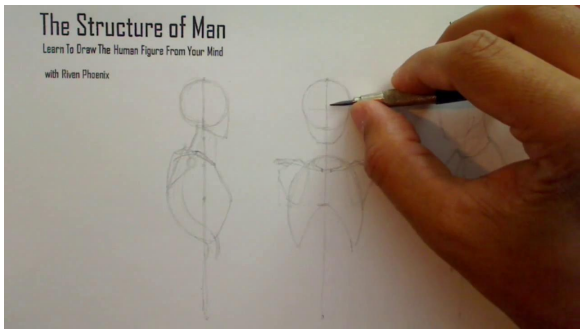
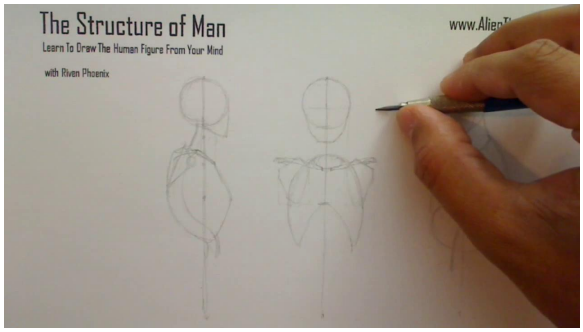
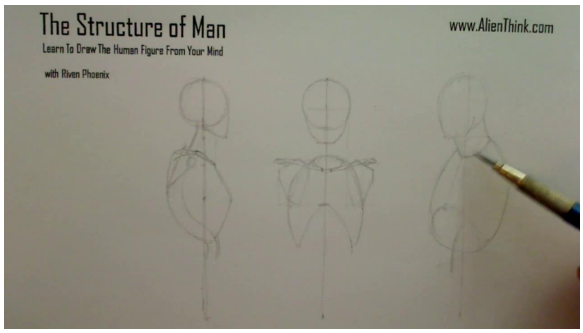
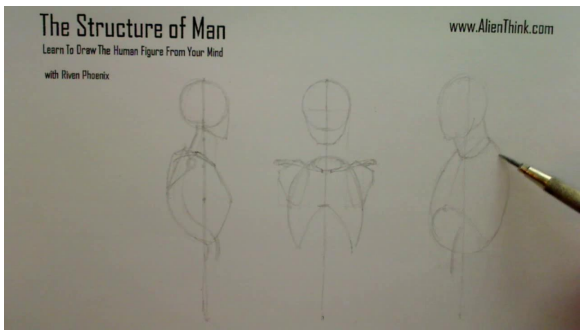
101		on here if I measure, right?
102		So it's by two half heads and a little more, right?
103		So what you can do is just visually do, help the mind understand, okay, well, I mean,
104		what is the width going to be of this, right?

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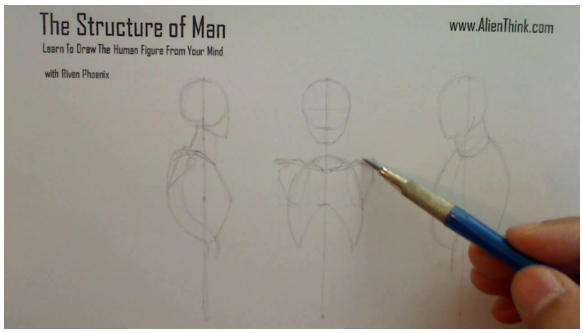
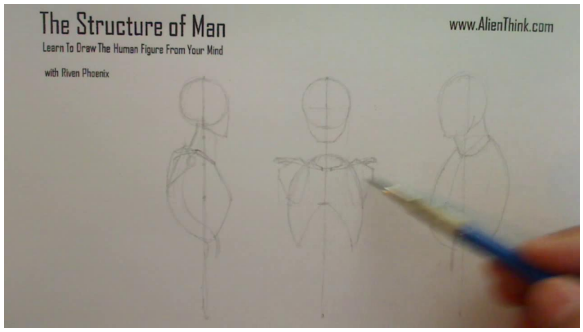
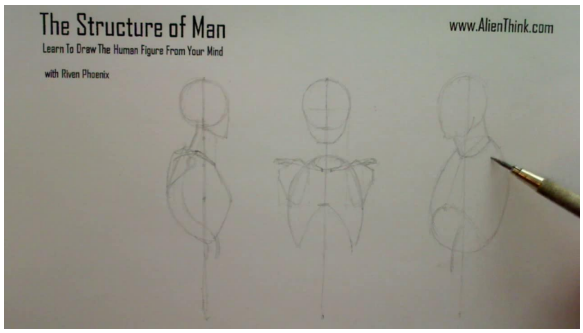
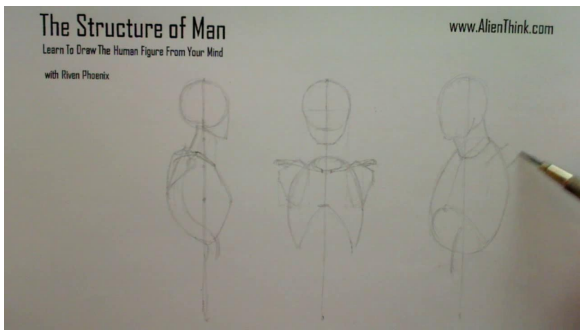
105		Right?
106		We already said it's half of a head anyways.
107		So what you can do is just kind of like do these lines just to get you to use to the idea
108		of how this is going to be, right?

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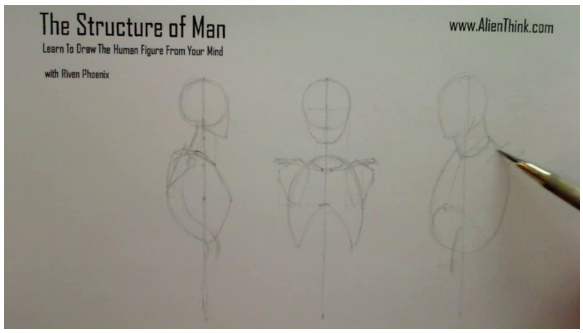
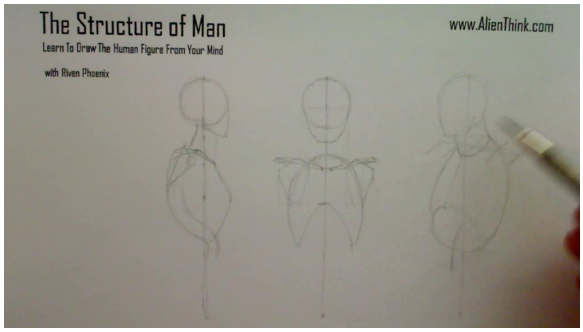
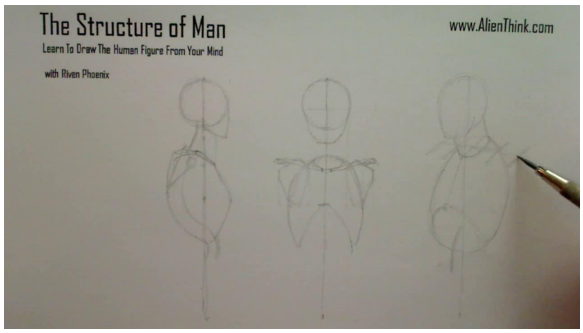
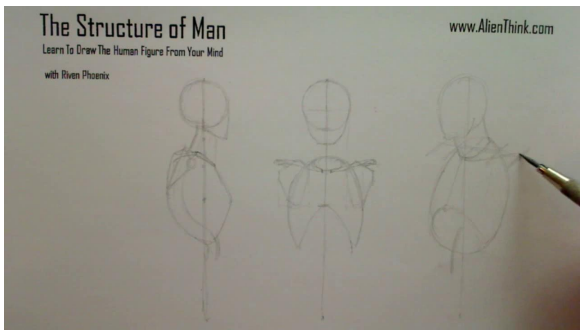
109		So you can draw like a line, right through it to space it out kind of like very approximately
110		like this, right?
111		This is, it's the same thing in here if you do the, the, the clavicle is going to kind
112		of like go up a little bit, right?

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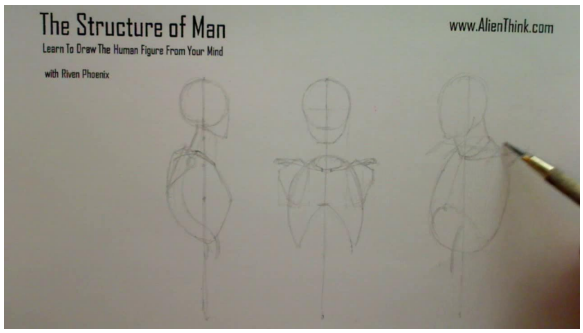
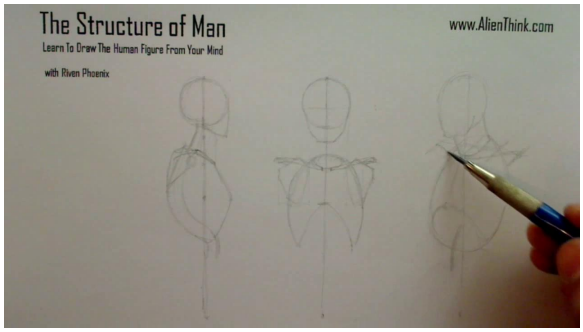
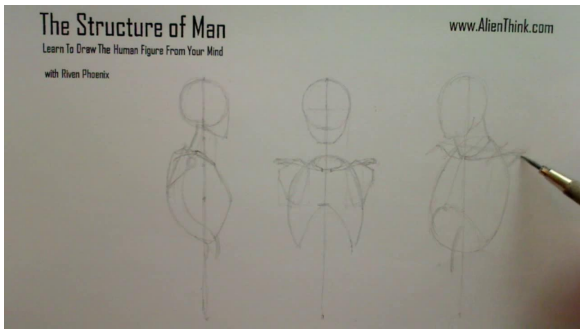
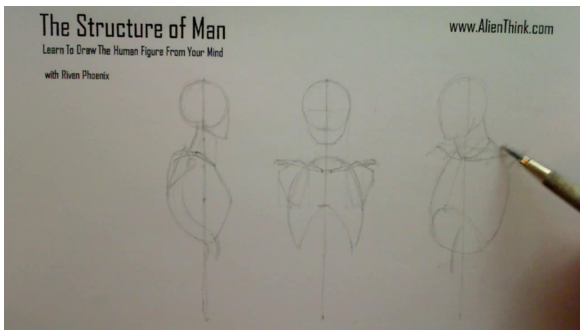
113		It's not going to go this way because this is now getting to perspective.
114		So it's going to go a little bit like this.
115		So here you're going to have to be using the gesture drawing system.
116		And basically you know that right, the scapula is just going to be like this.

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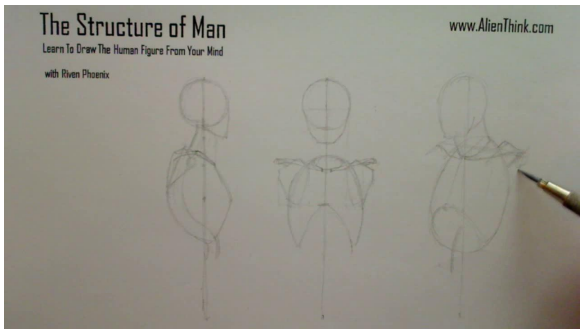
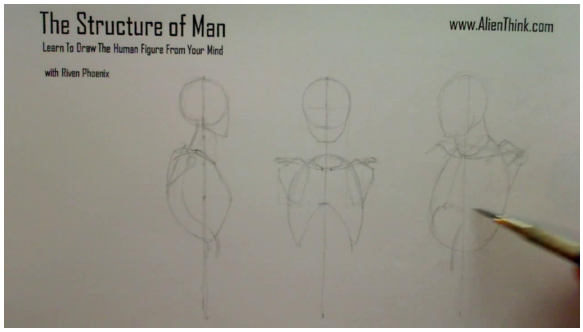
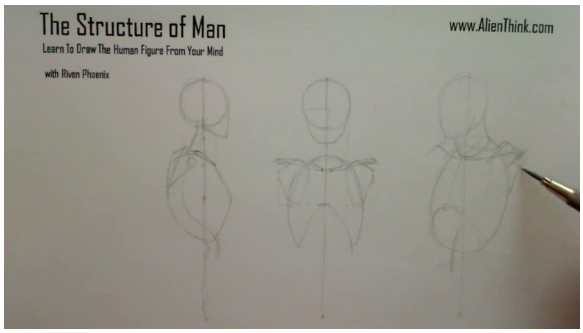
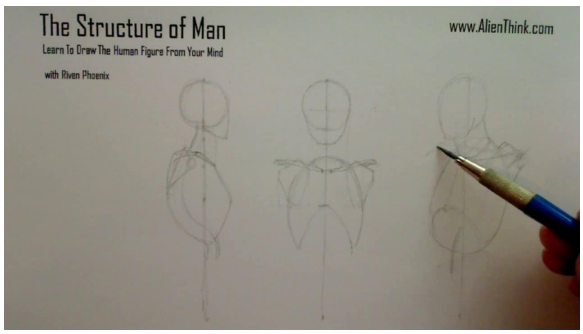
117		I'm going to just wing it and go here, right?
118		Because now everything's going into perspective.
119		So you know, it's just basically going down like this.
120		So over here you can do the same thing, right?

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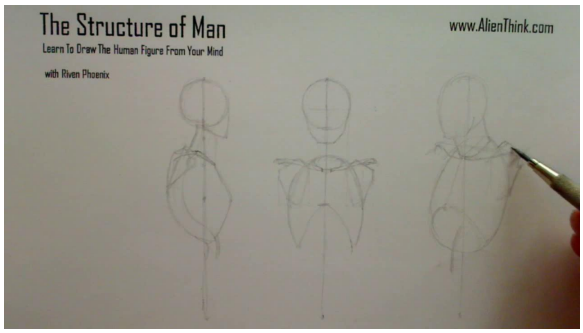
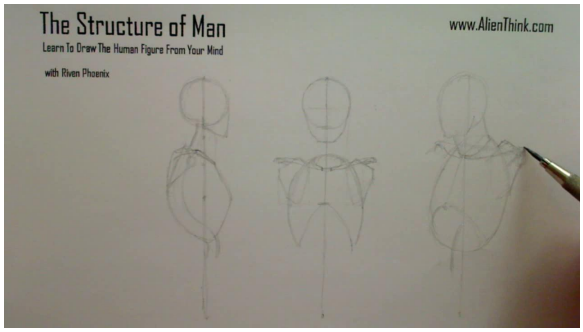
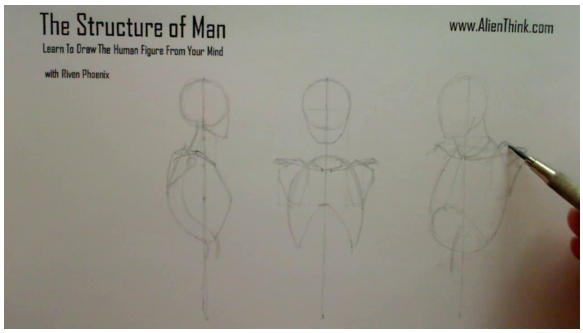
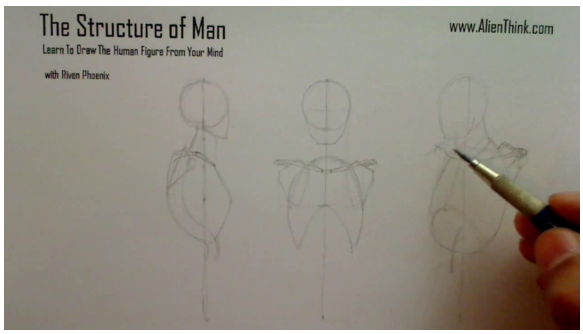
121		The important part here is just knowing that when the scapula comes,
122		you're going to get that bone coming over here, right?
123		So you can, you know that it's going to twist around like this, right?
124		So I'm going to clean that up in a second.

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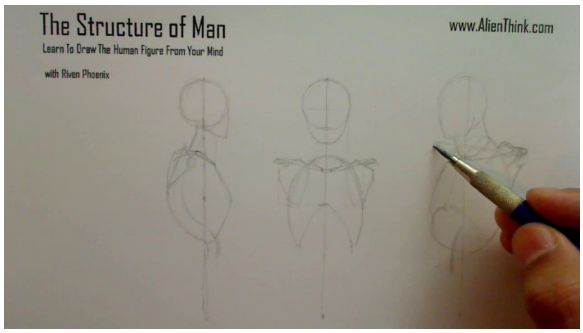
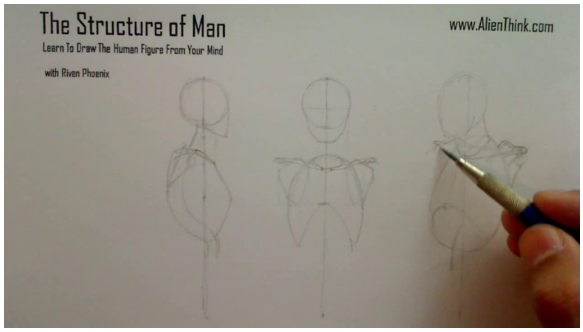
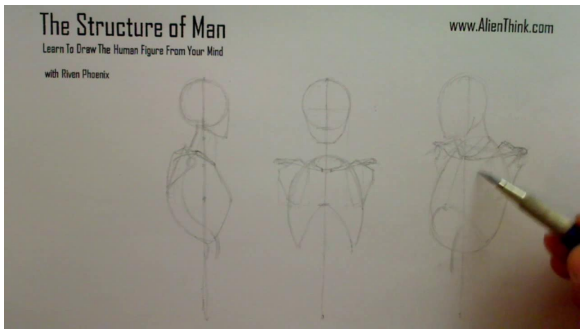
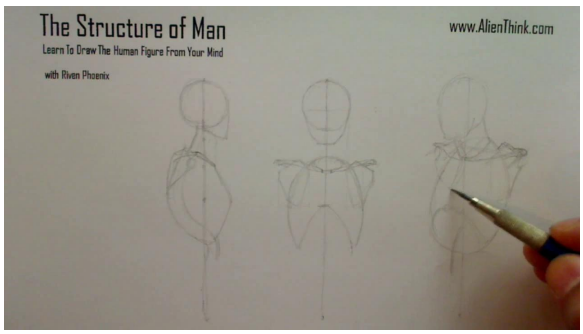
125		So over here I know that right, the bone is really just twisting around.
126		And I'm going to get the scapula.
127		It's going to be almost like facing me because it's on an angle, right?
128		Just like this.

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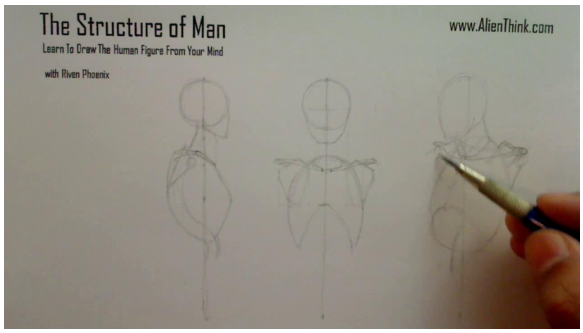
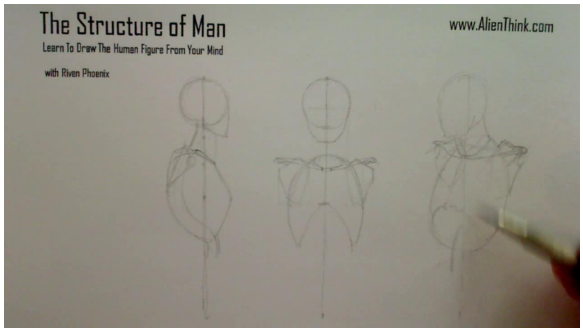
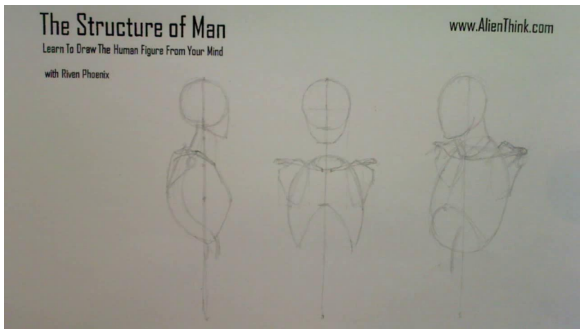
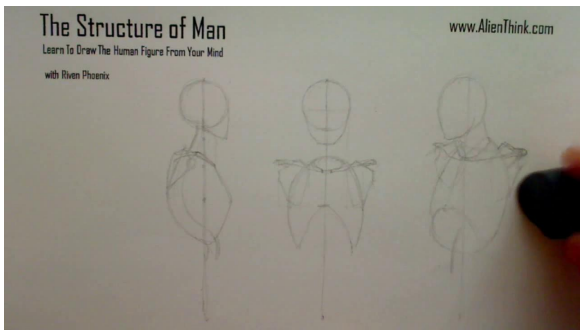
129		So I don't have to worry about it too much, right?
130		So once we get this idea down, we just have to clean, clean up these concepts here.
131		So let's actually clean up this one first.
132		Okay, so here I'm just going to lightly erase these lines here, right?

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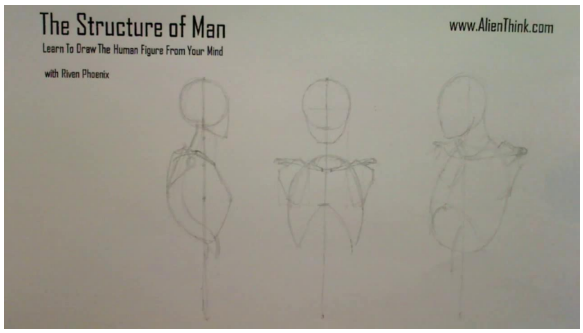
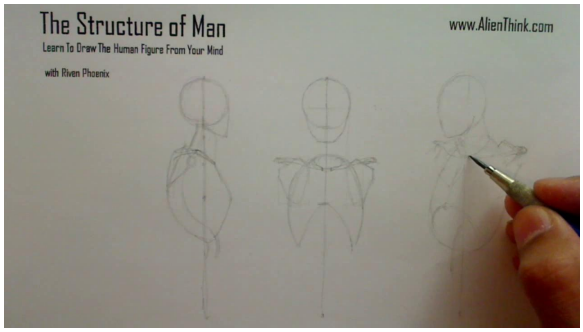
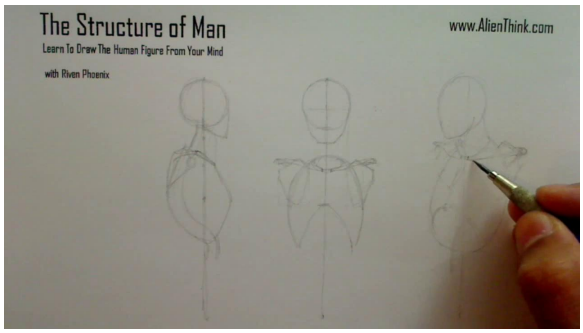
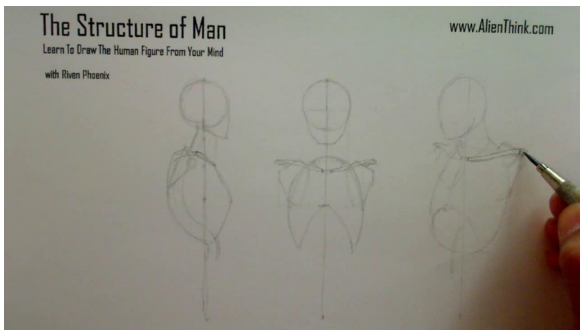
133		And then visually check before doing anything, it gives everything making sense.
134		So here we know that it's going to have a space here for the clavicle.
135		It's going to basically turn and then come this way over here, right?
136		So do these like drawings kind of clean here.

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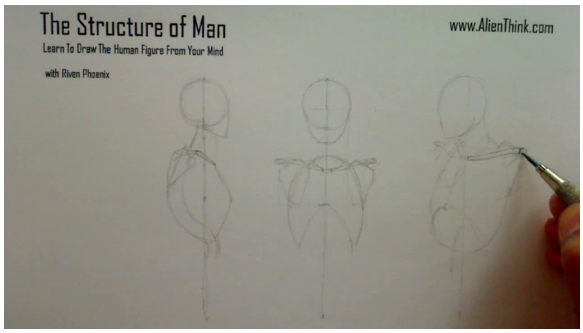
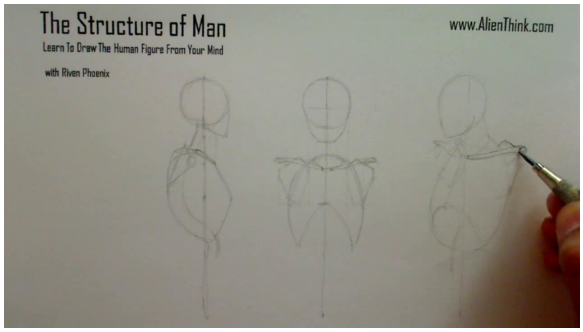
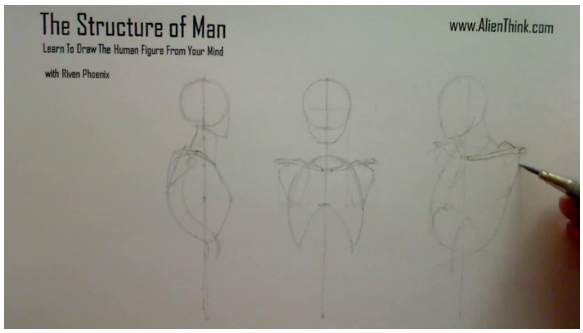
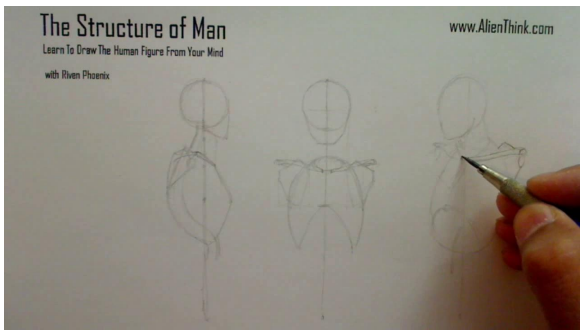
137		And this is the bone for the scapula going down in this way over here, right?
138		So this part here that I did keep this part as clean as possible, right?
139		And this is going to be basically where your hole is going to be just like this.
140		Then over here, we're going to now look at this and just understand, okay,

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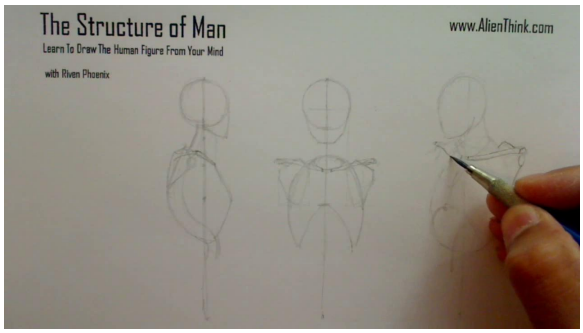
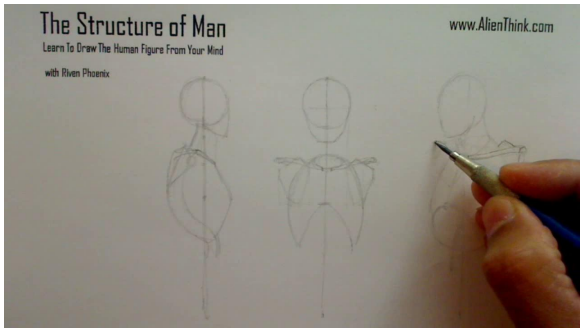
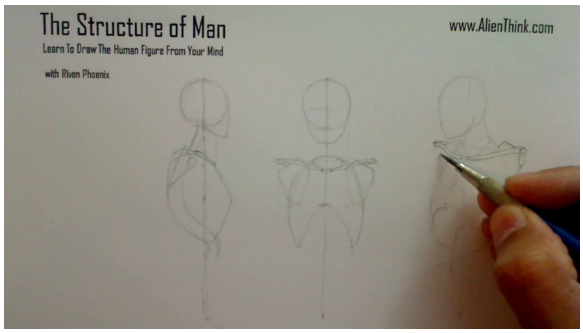
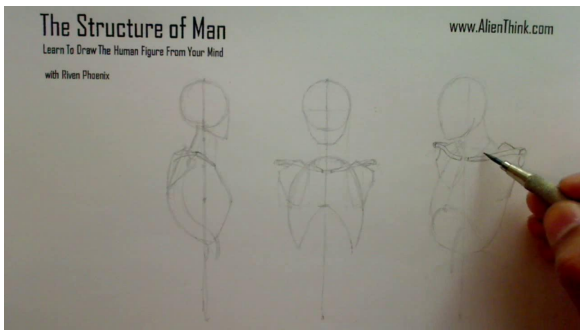
141		it's going to be basically like this going in perspective, right?
142		And then over here, I'm going to get that other line going down, right?
143		I don't have to worry about it too much over here, just get the basic concept down.
144		So once we get this, we can now do the chest cavity like this over here, right?

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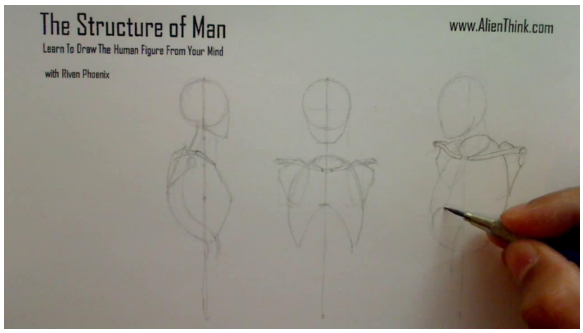
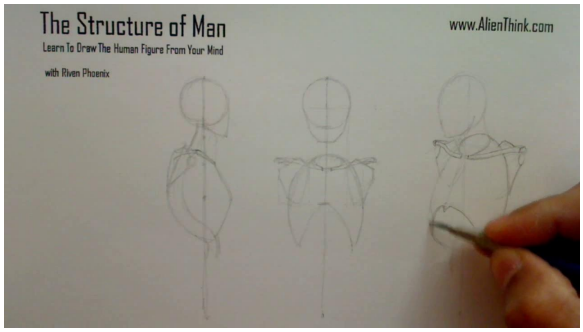
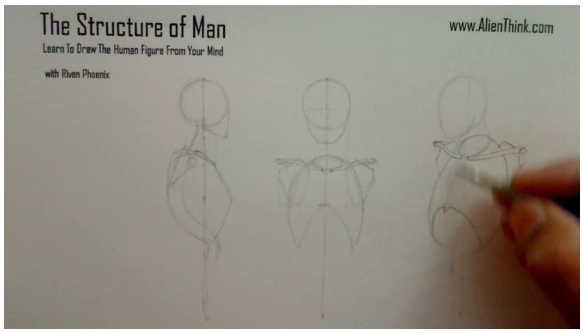
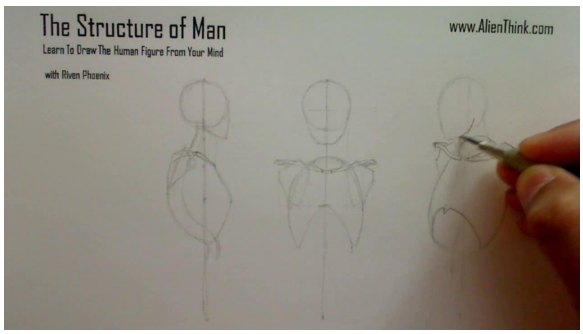
145		And then over here, I'm just going to do it this way, just keep it simple.
146		The idea for the chest cavity, right?
147		We know, understand the negative space that exists over here.
148		And here we can now just draw out the human head over here like so.

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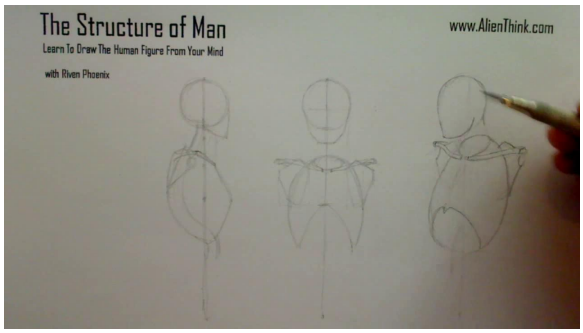
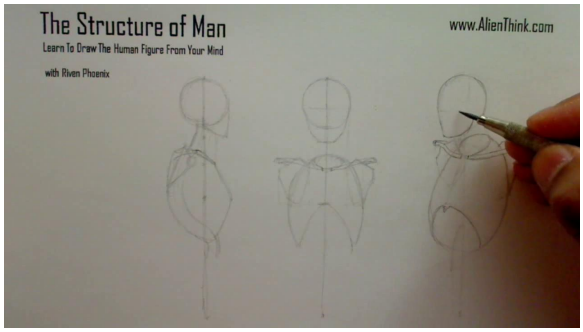
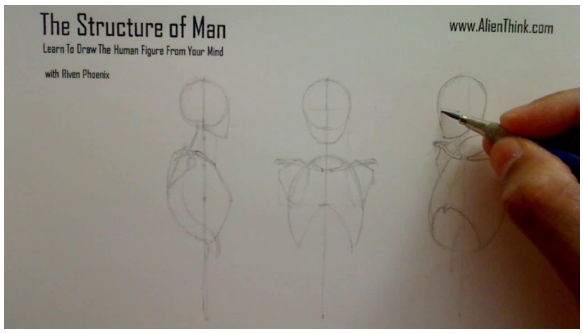
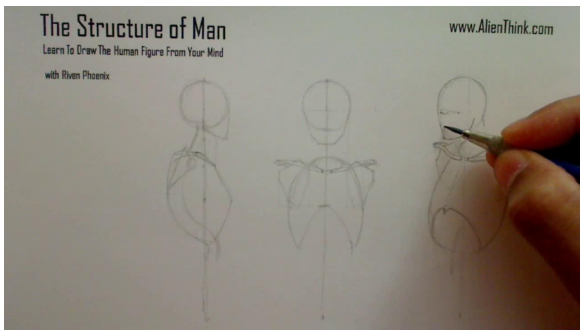
149		Right? So when you get this, you don't have to render this, but at least take the time
150		to get used to the idea of the template system, right?
151		Get used to the idea of how inside the eyes are going to be.
152		Right? So here I'm just not going to render anything.

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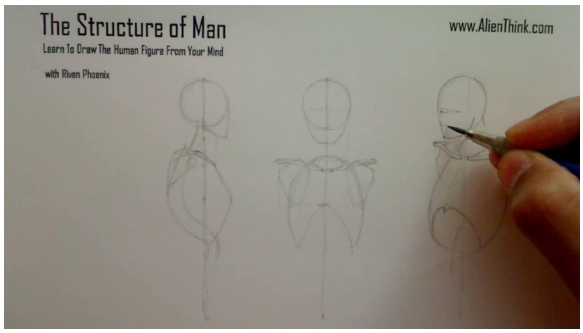
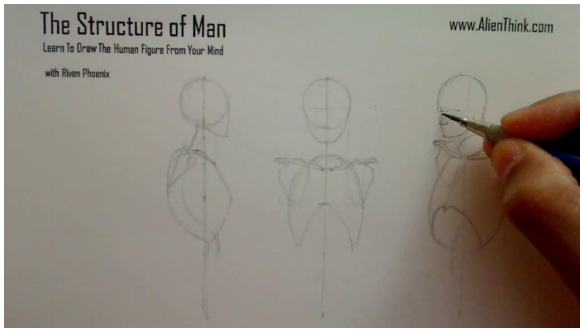
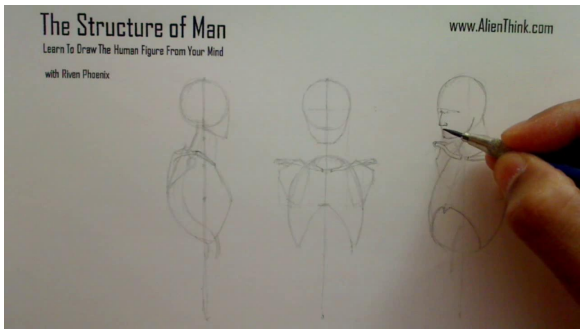
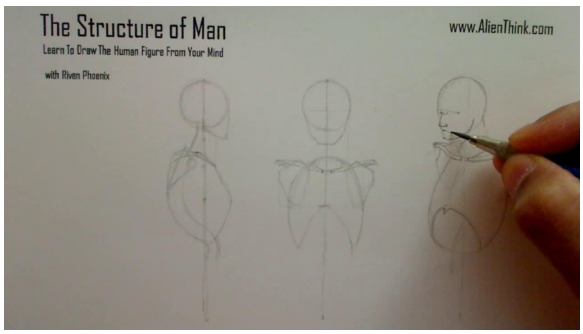
153		I'm just going to do this fairly quickly.
154		Just get used to like drawing out the contour lines, right?
155		And then here for the lips, you can just do it this way.
156		You know it's just going to end over here.

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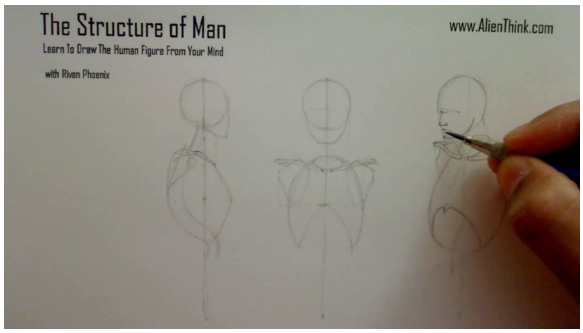
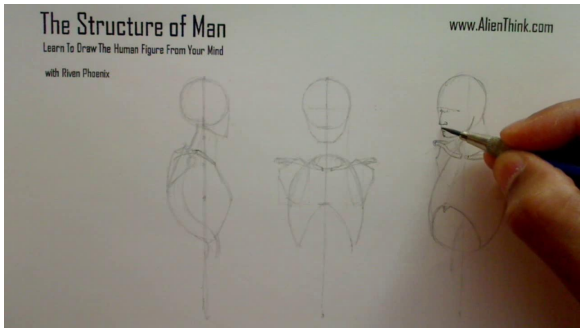
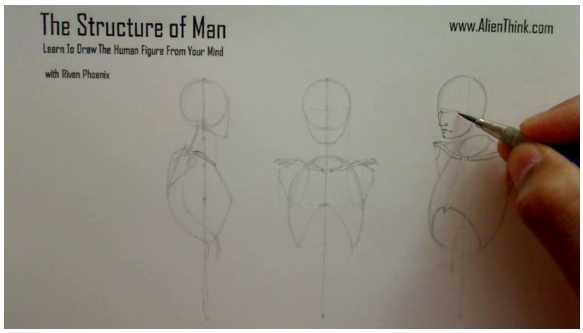
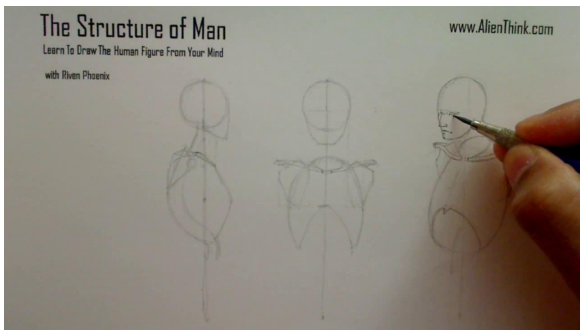
157		You're going to get like an idea here for the bottom,
158		where do you know that this is going to come out a little bit over here?
159		Right? So for the eye, I'm just going to do this eye like this over here, right?
160		I know that I probably just get like a line here for under it.

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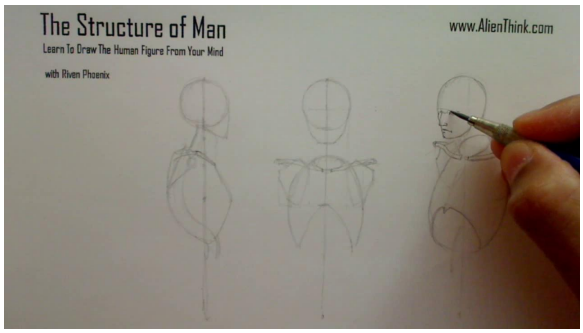
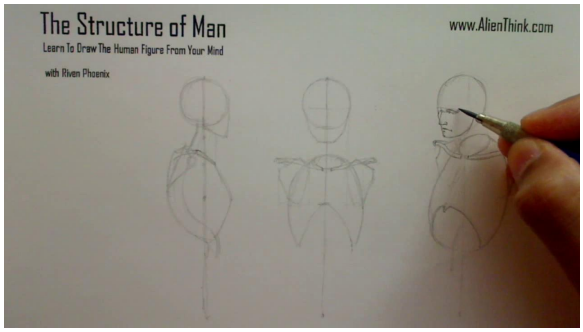
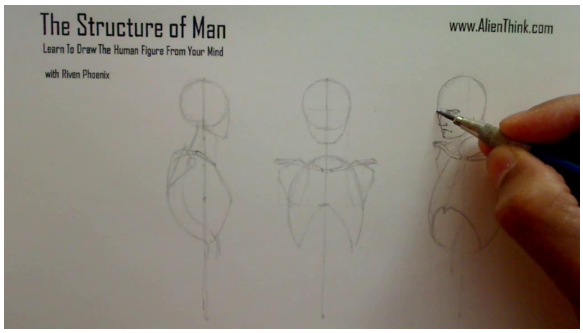
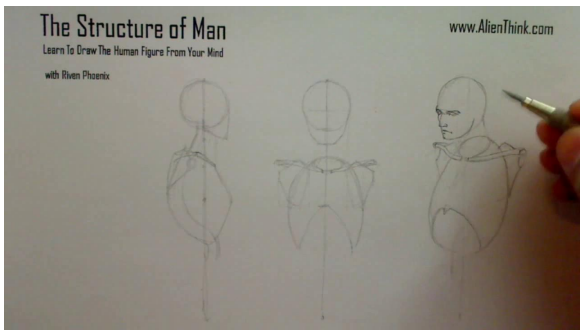
161		Then I know that this section here is just really going to be a little dark,
162		right? And then just put like an eyebrow like this over here.
163		And this here, we can just nudge it up a little bit over here like so.
164		Right? Now once you get this, you can now just draw out the ear.

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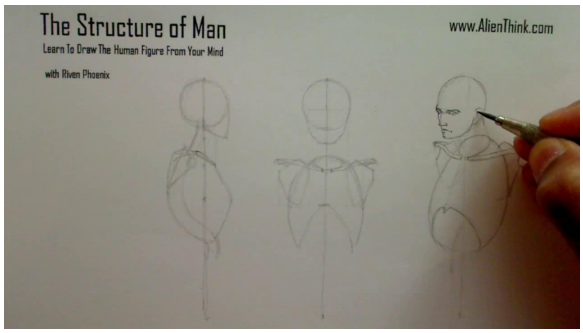
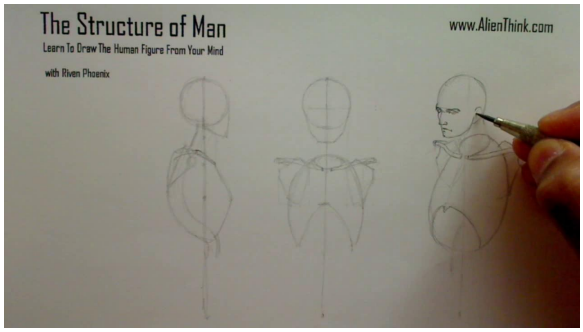
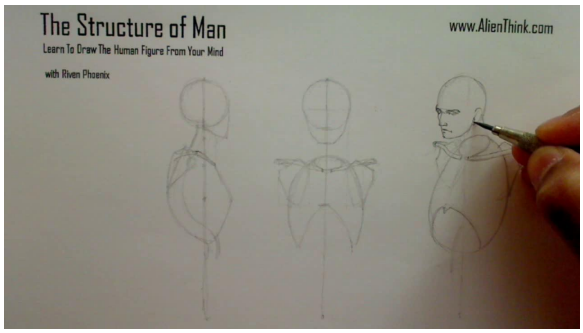
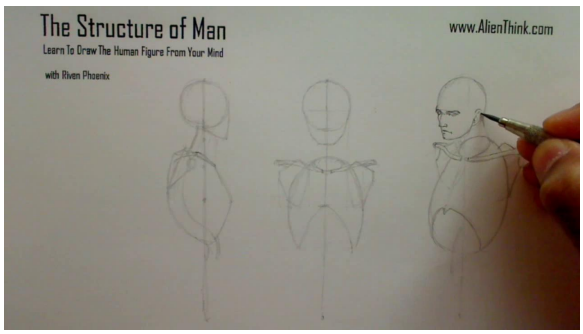
165		Okay? So we already know that, right?
166		This really is going to go inside.
167		You're going to get this over here like this, right?
168		And then really you're just going to get this, this, this, right?

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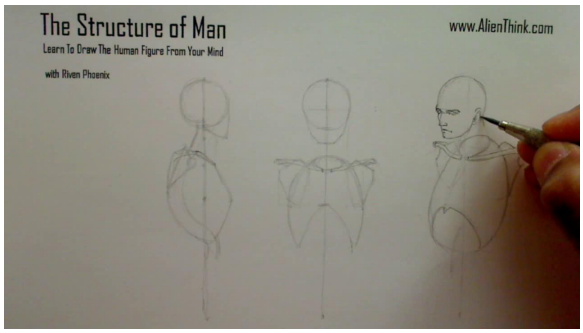
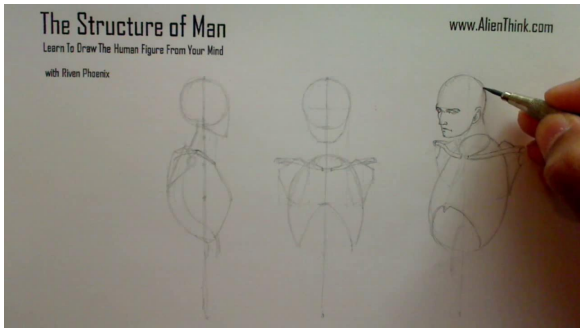
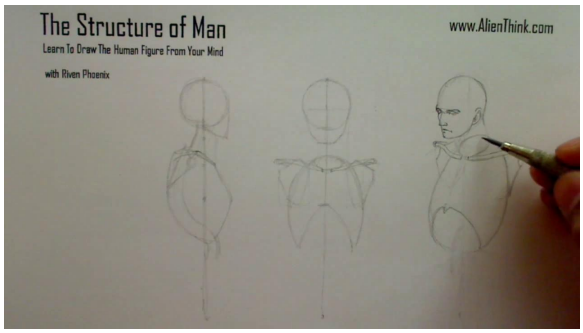
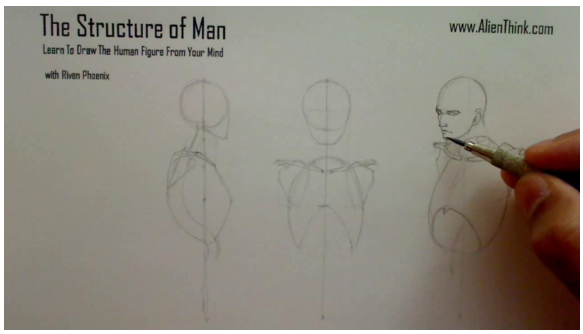
169		You can just draw it out simply like that, right?
170		And then you can clean up all these drawings off.
171		So another thing is that we know that the spine is going to be right here, right?
172		And you know that over here, you're just going to have to make an assumption that, right?

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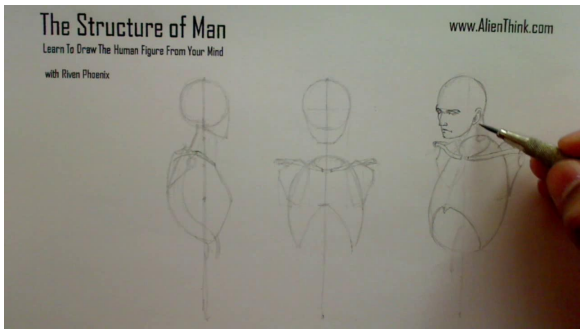
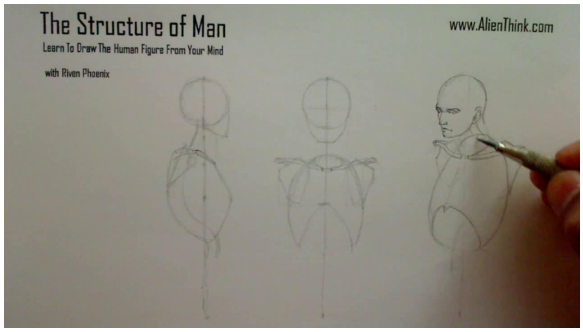
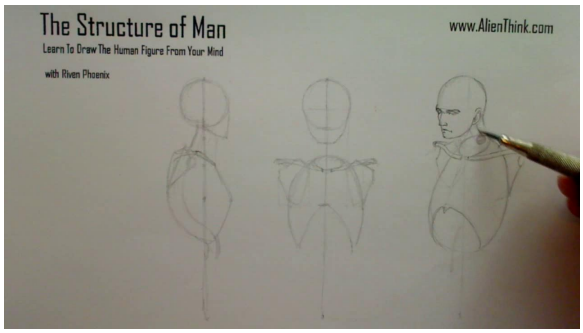
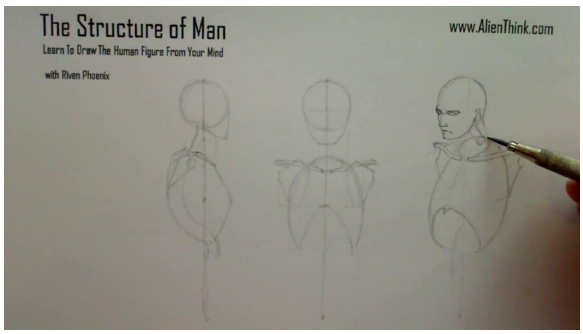
173		It's really just going to be going on like a curve over here, right?
174		It's going to be in this extreme perspective idea, right?
175		Just get this at least idea there, right?
176		You already know the shape of the net, right?

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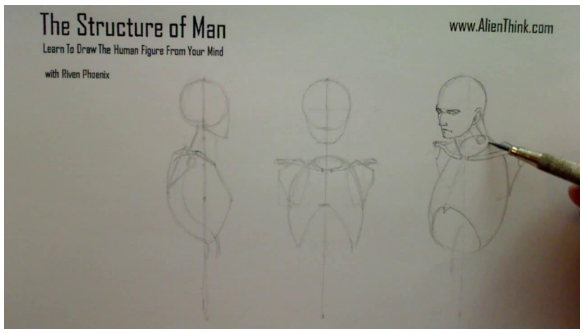
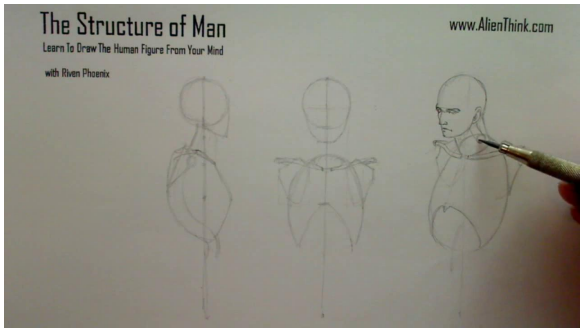
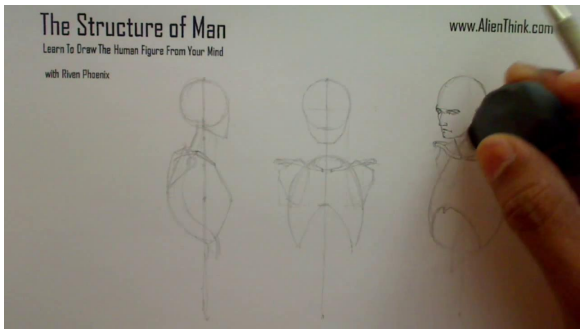
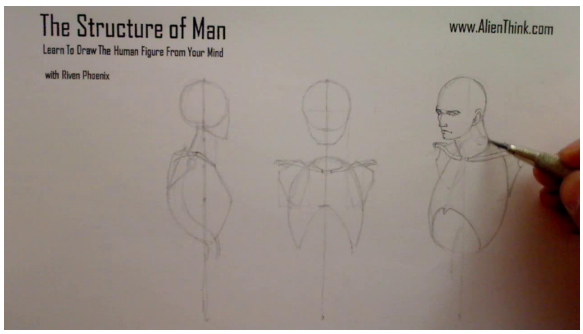
177		So this is what really matters to us.
178		The spine, we don't really care, right?
179		So here actually we'll just erase, just keep that as an idea in the back as an anomaly,
180		really just care about this because we're going to use that as an understanding

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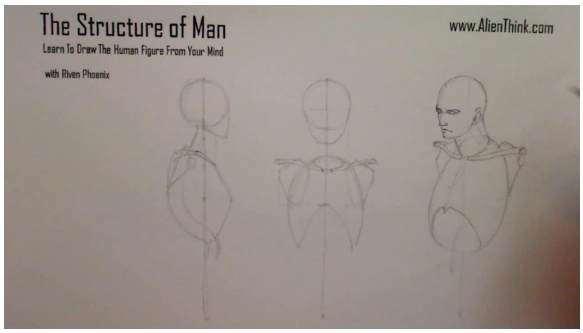
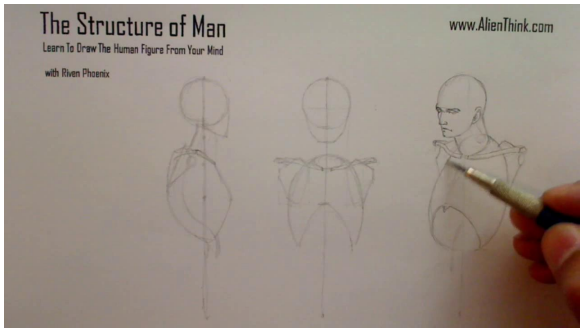
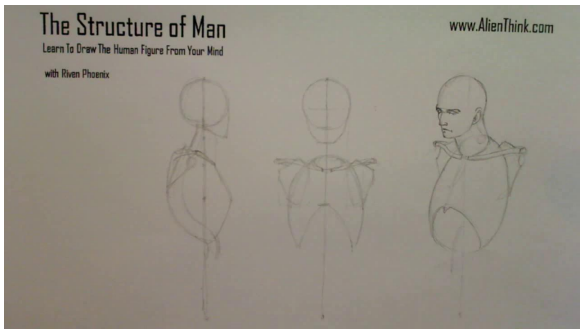
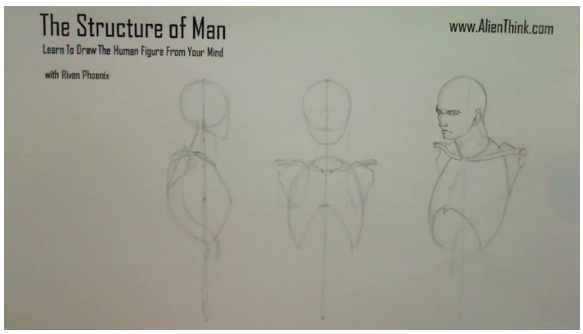
181		to how the neck is going to be, right?
182		So once I clean this up, I'm just going to clean up
183		the rest of these drawings over here.
184		Right, so here I'm just going to light the erase.

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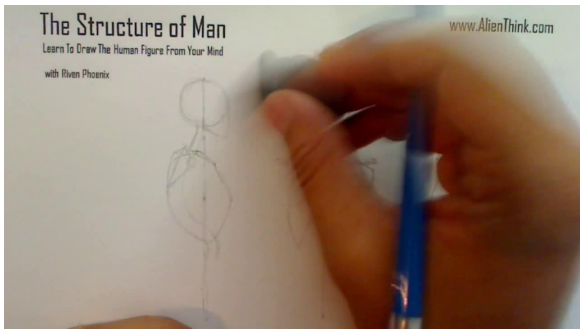
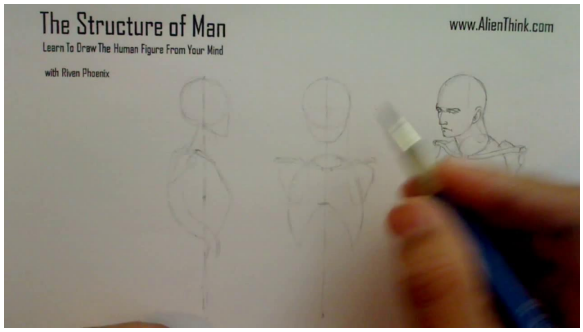
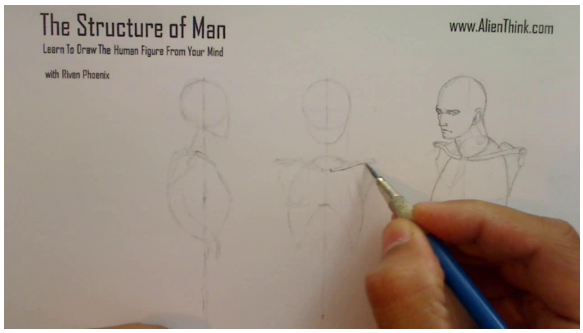
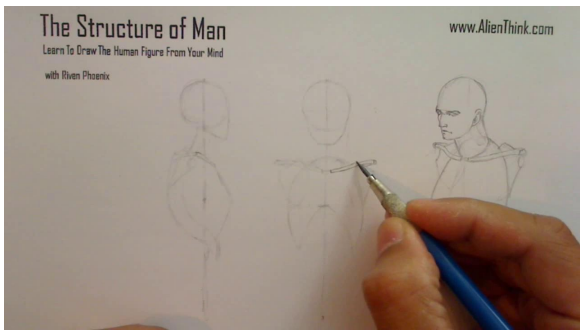
185		I'll just might as well light erase this too and finish them quickly.
186		Right, so here I'm just going to start with the clavicle.
187		Just go up like this, draw this out and draw that little piece of bone that's going to come down,
188		right? This is going to be this capital over here and just go down this way.

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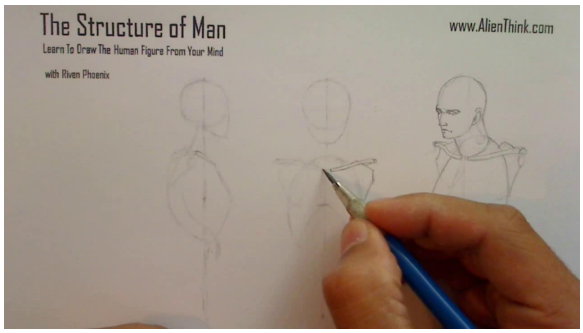
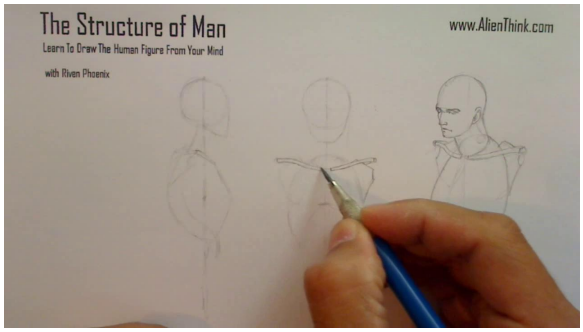
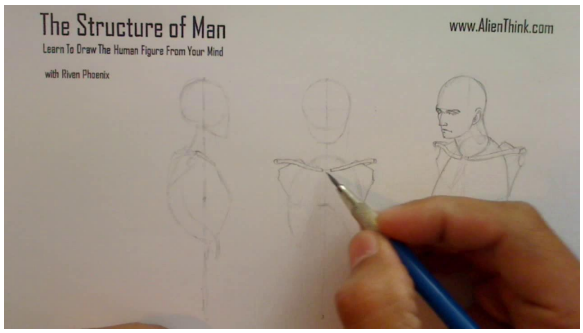
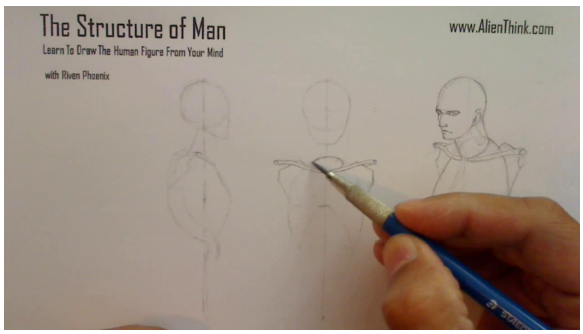
189		Same thing over here.
190		Just go down this way, right?
191		And then over here, we're just going to create a circle like this.
192		And just basically create that chest cavity.

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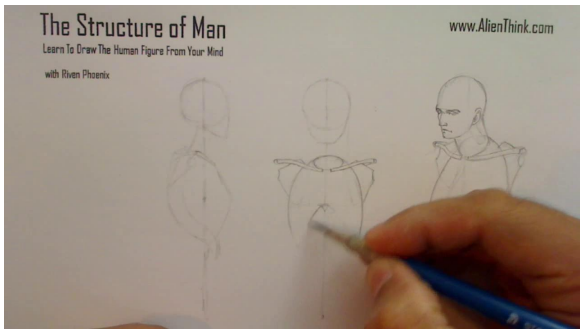
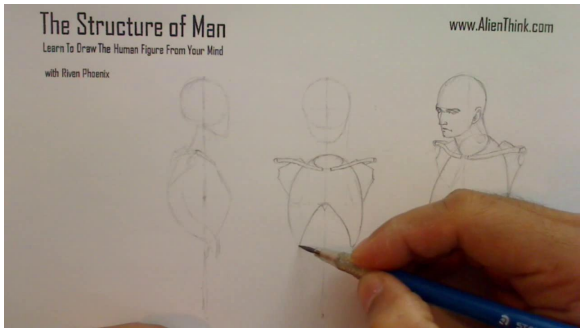
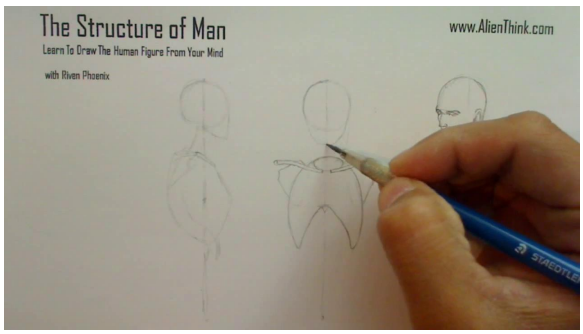
193		And then over here, I'm going to do this way and just do it like this, right?
194		It doesn't have to be like symmetrical, perfect there.
195		And then over here, just do the same thing, just draw out the human head, right?
196		And then use your understanding of the system.

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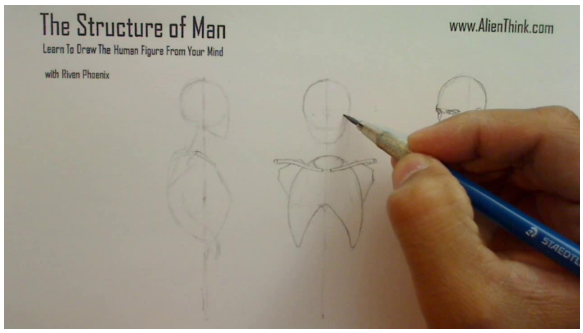
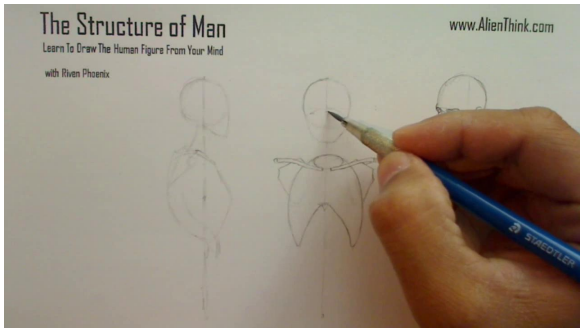
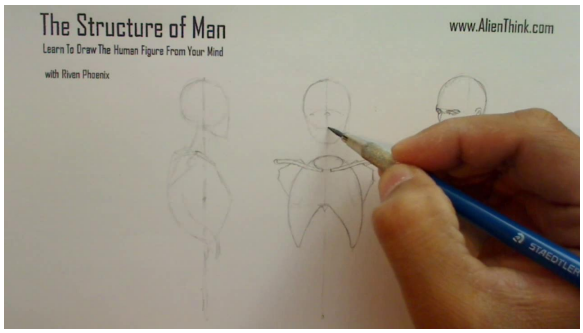
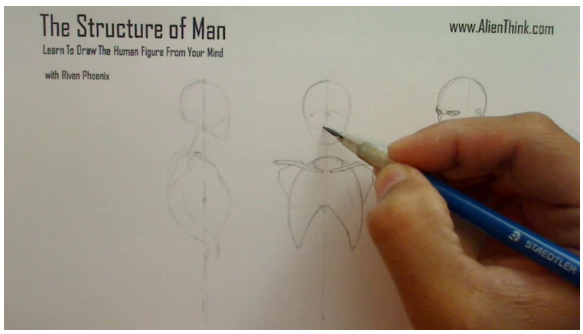
197		Just pinpoint, okay, I want to do like the eyes like this.
198		Right, so I'm going to use that template again.
199		Just we're just training the mind to get used to it.
200		And once we get this here, we can now start to put like a nose here like this, right?

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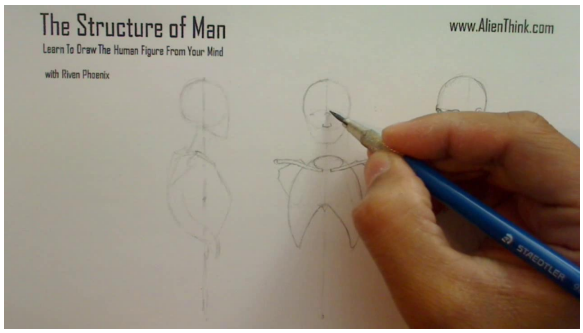
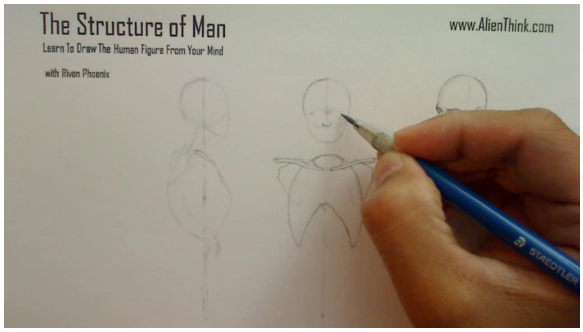
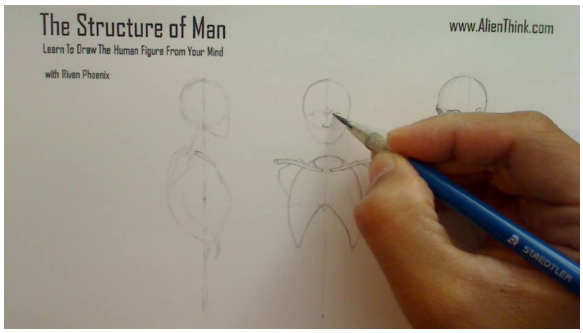
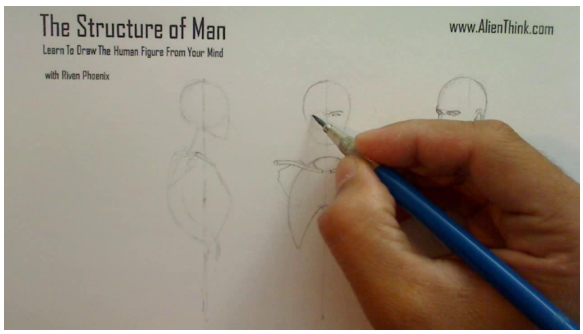
201		Then you already know, right, it's just going to be like this is going to go in a little bit.
202		Right, I'm going to get like the eye over here.
203		Right, obviously the D it's going to be too hard to show the like the
204		the eyelids, but this will get you used to drawing out the eyes, right?

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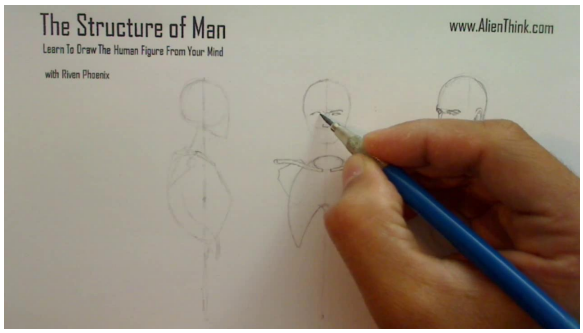
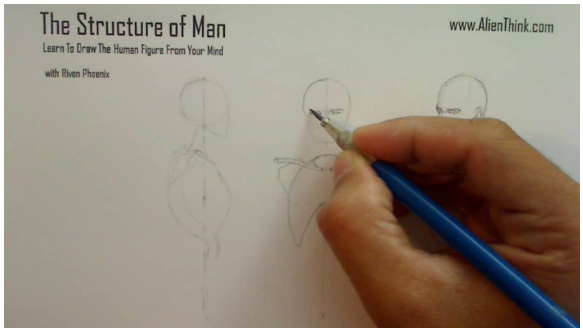
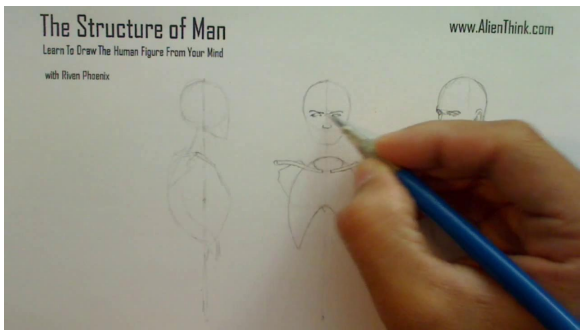
205		Making sure that there's the distance here is equal in how they are.
206		Right, and here we'll just draw out a simple eyebrow over here.
207		Do a little bit under there, looking eye back.
208		Under the eye, I'll just put that as a mark.

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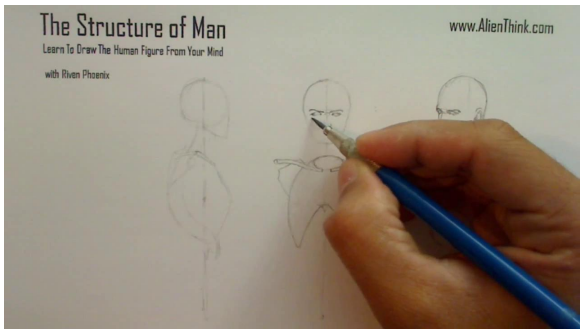
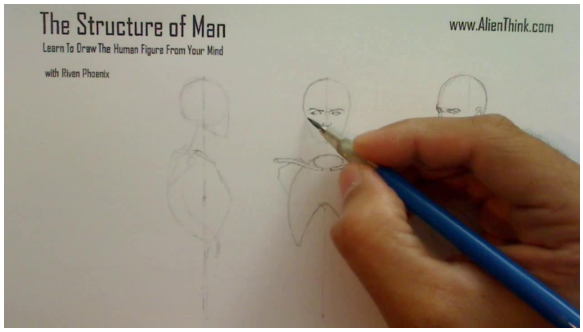
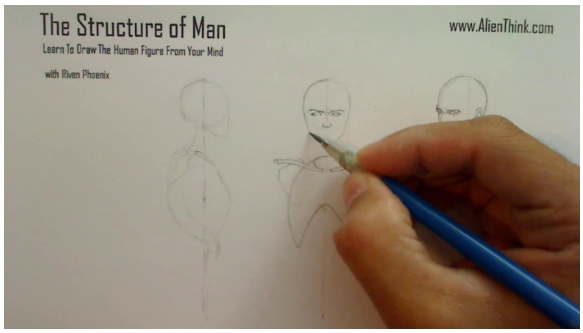
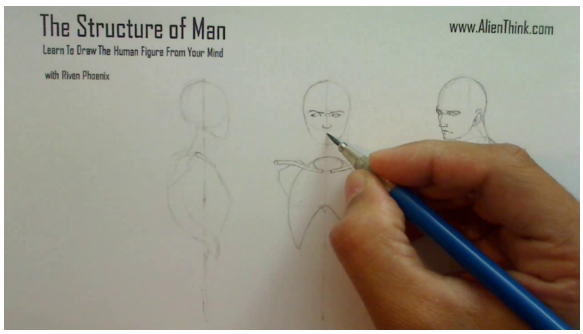
209		Right, you can like put some marks here under the eye and you can put like these lines here,
210		right? It doesn't really matter.
211		Well, how you do this, you can do it in your own style.
212		So here we're going to do the the lips and I know that it's going to be right.

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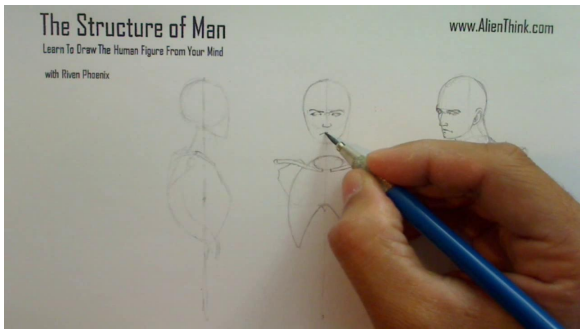
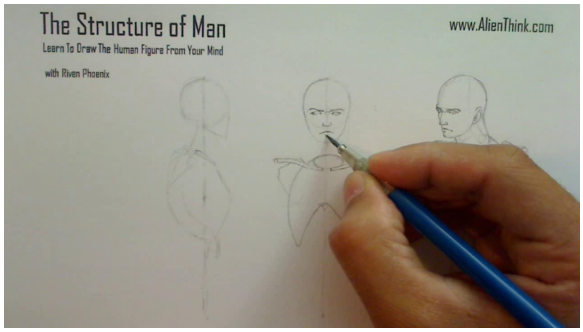
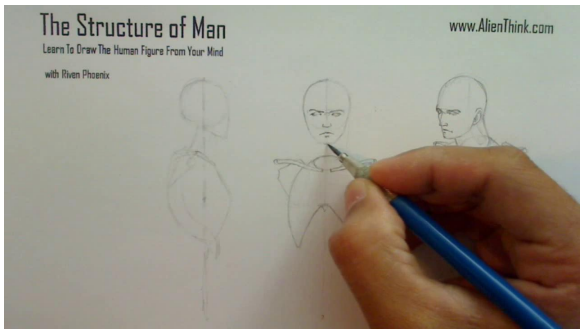
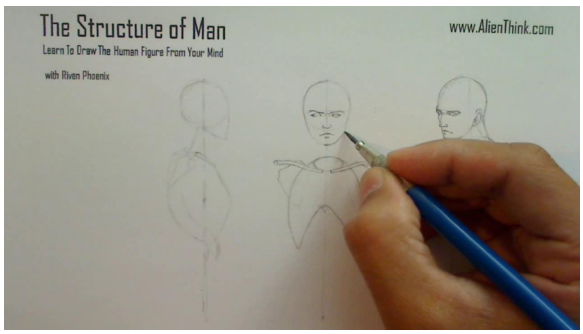
213		So we notice that we're not projecting the template on this, right?
214		We can just project it.
215		Then over here we can just about do anything, right?
216		We can change the ideas around if we want to.

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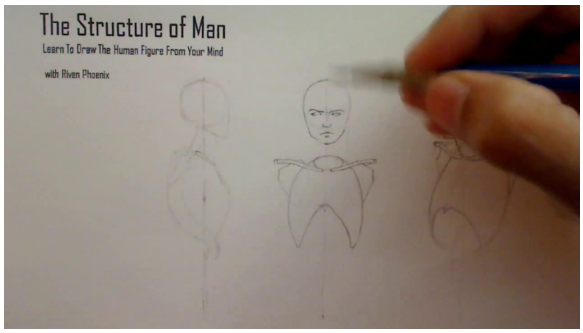
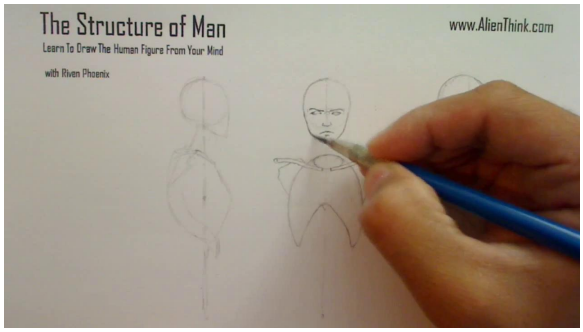
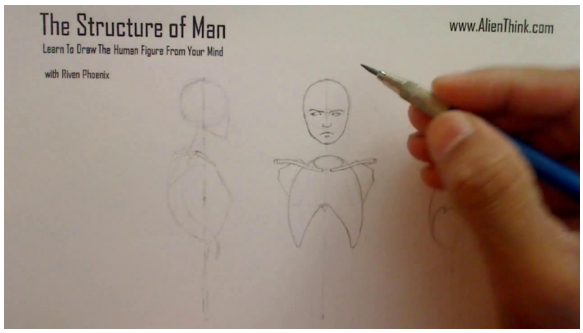
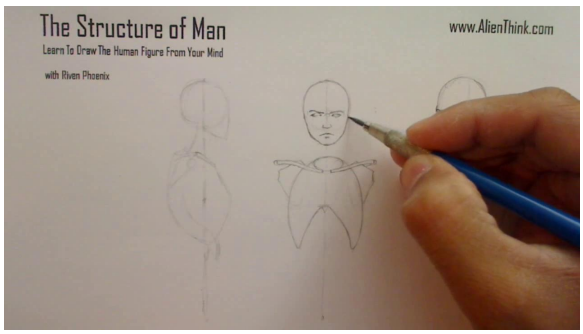
217		Right, so here I'm just going to do this one like this, kind of like more of a softer.
218		Idea here.
219		Draw it out.
220		Then over here I'm going to just do the ear.

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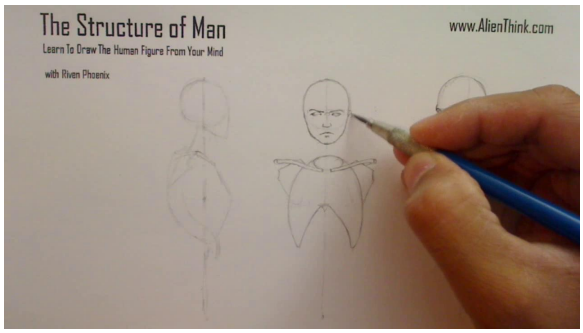
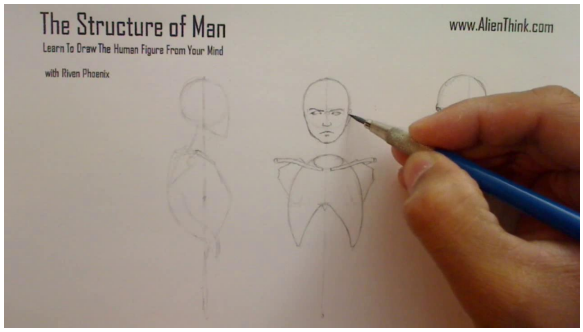
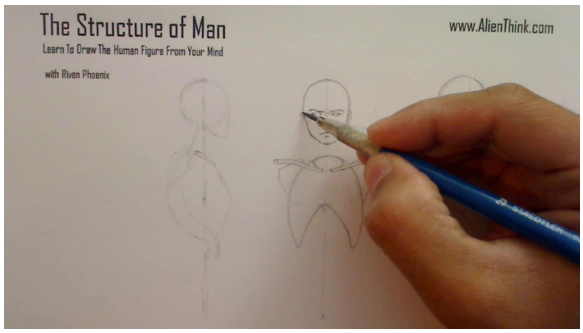
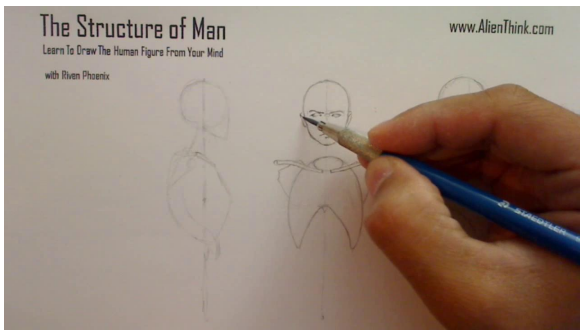
221		Like this, right below the nose.
222		Over here, you don't have to get into all those details.
223		Right, not everything has to be drawn out when you're drawing out the figures, right?
224		A lot of stuff can just be done with suggestion.

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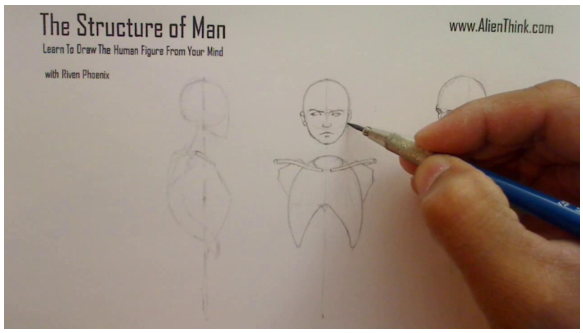
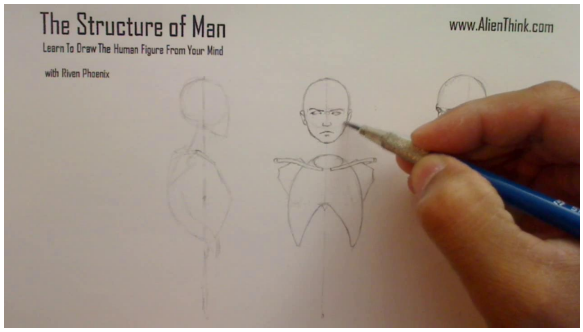
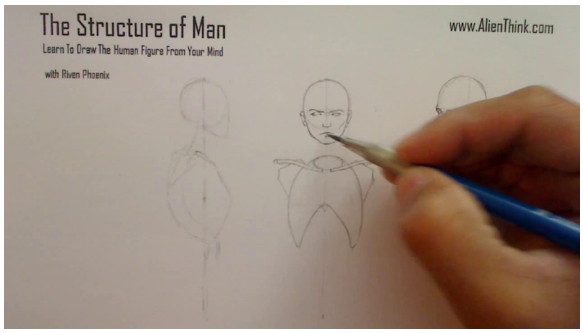
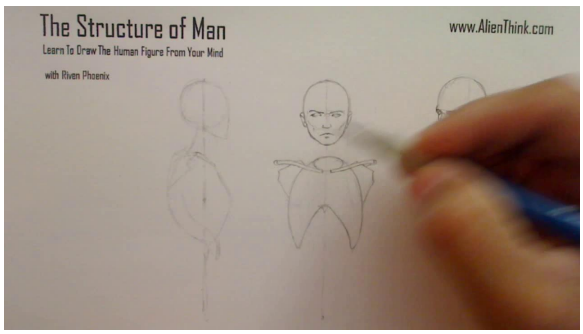
225		I can just put a line.
226		Right, so even here I can just put a line like this,
227		like so, right?
228		And I can shade this in using the knowledge that we went through, right?

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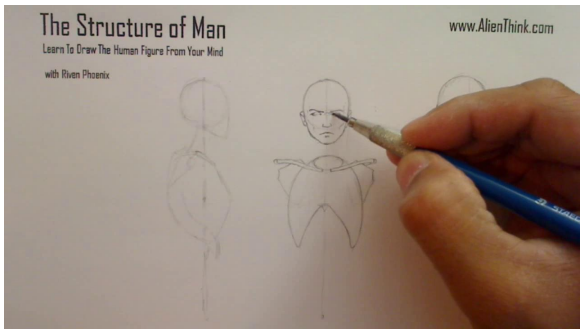
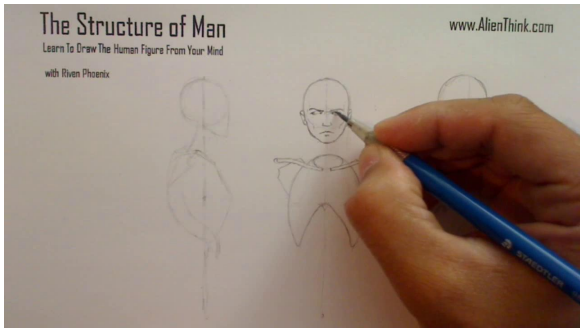
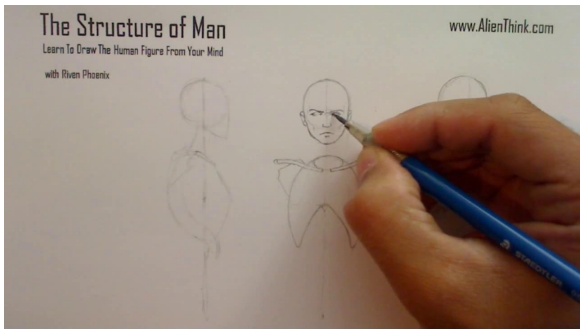
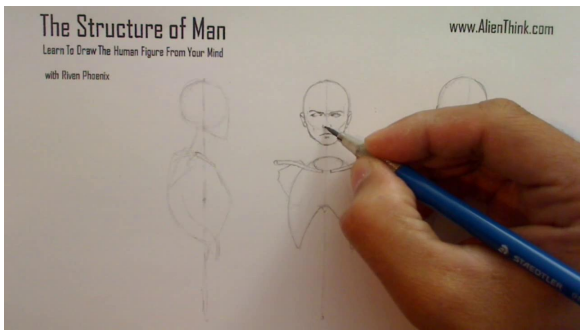
229		I'm just darken up some of these areas here to bring out some of these details.
230		Right, it doesn't have to be exactly the same on both sides.
231		You can give like character to that idea, right?
232		Okay, so now we just need to fix this last one here.

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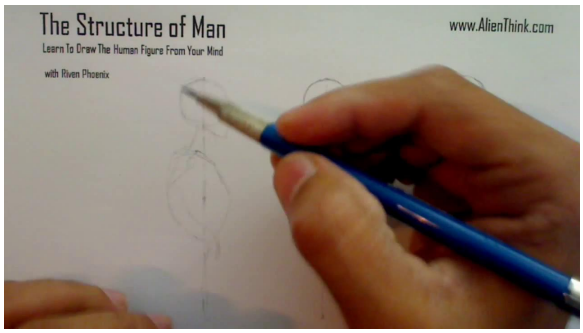
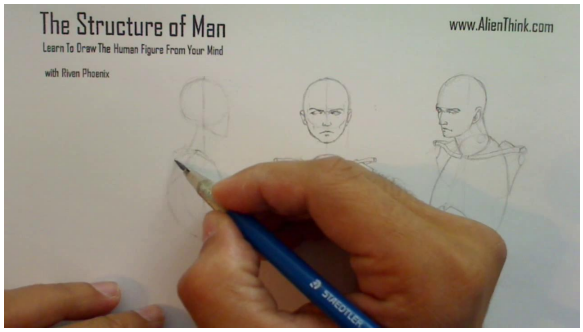
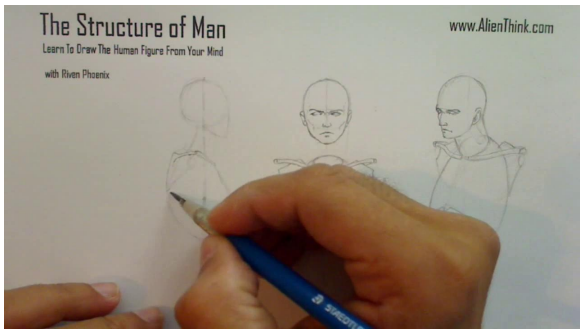
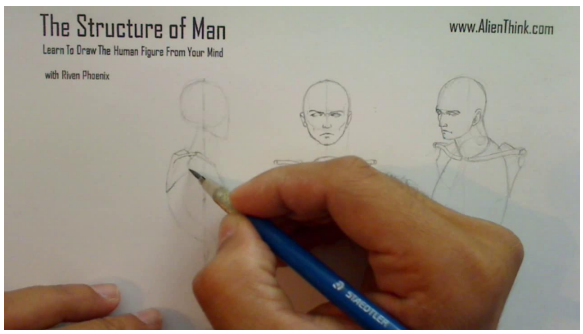
233		Okay, so this one is going to be very simple.
234		I'm just going to draw out this bone here for the scapula over here.
235		Right, so make sure that it kind of protrudes out from the chance cavity.
236		And let's draw out the circle, right?

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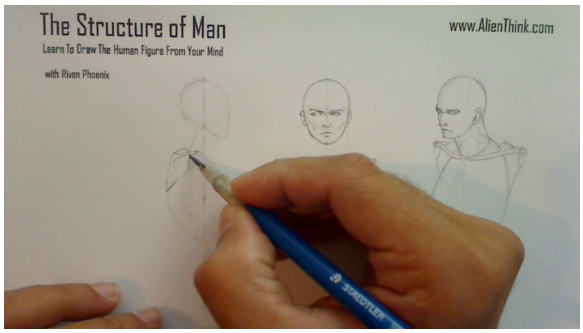
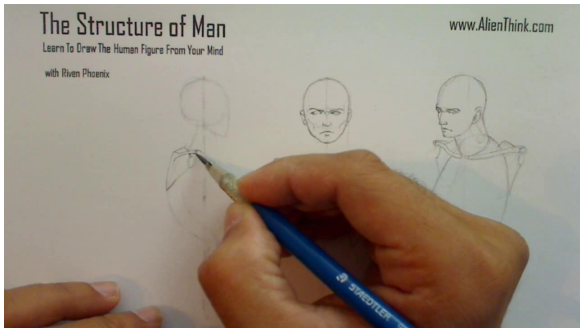
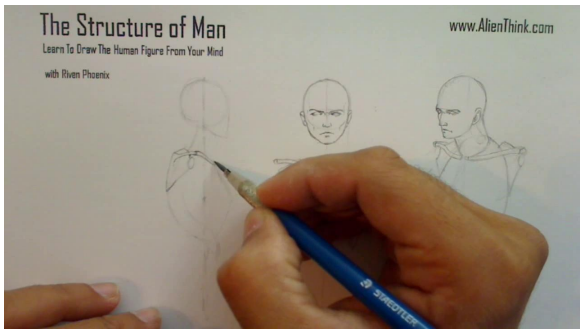
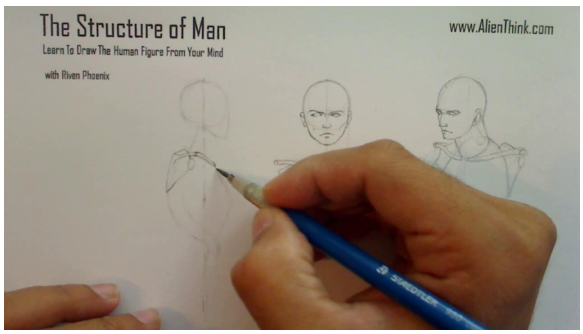
237		You know how this is going to be.
238		Right, so when you do the clavicle, just make it go down this way.
239		Right, it's going to be obviously connected, so it's going to have a mass of its own.
240		Right, so that's why you're going to get this little dip here.

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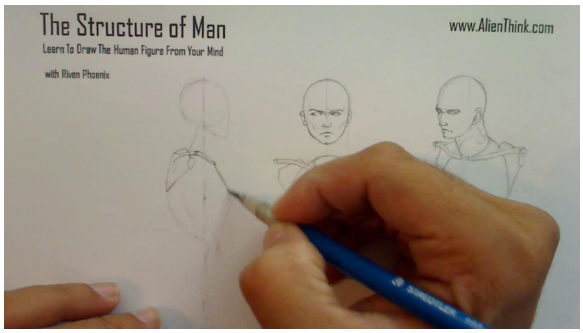
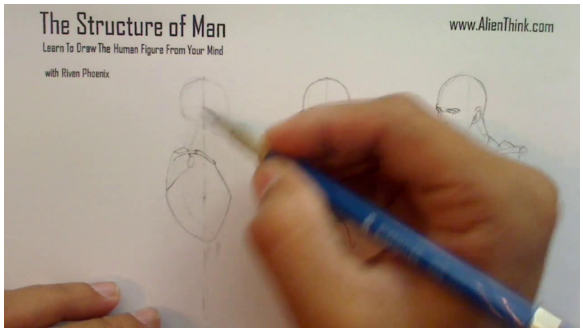
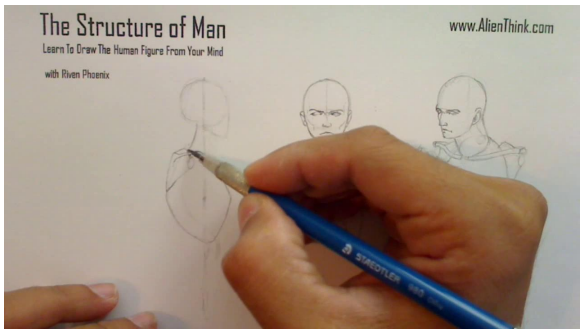
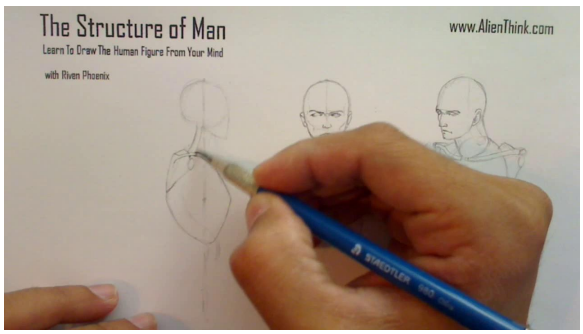
241		And here we can just simply finish this off, right, very quickly.
242		And now here, now here's the thing I'm going to show you here.
243		See this?
244		This is the spine.

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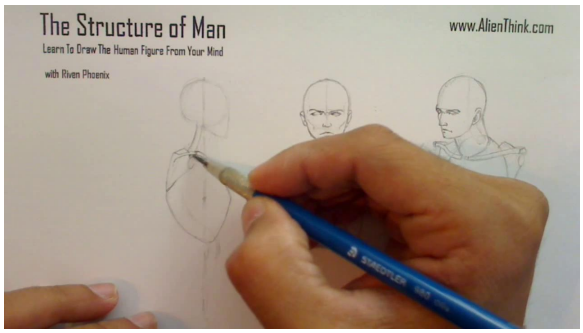
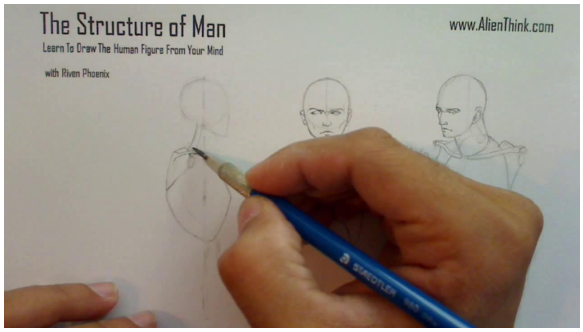
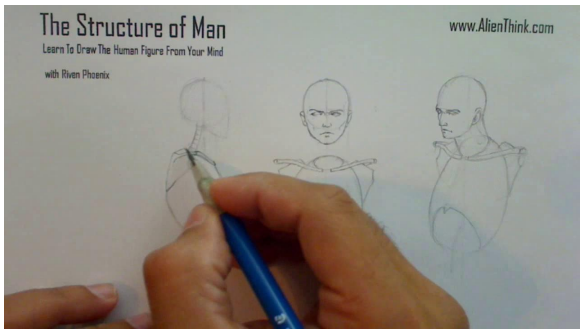
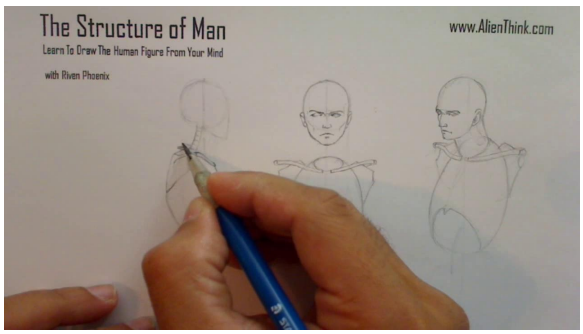
245		We know it's going here, right?
246		And we know that okay, we're going to be one, two, three, four, five, six, right?
247		Now what happens is over here we know that right is going to get a long bone that comes out.
248		Going to get a second long bone and basically these bones will start to get smaller, right?

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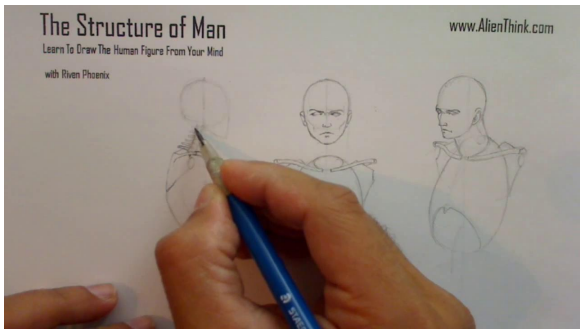
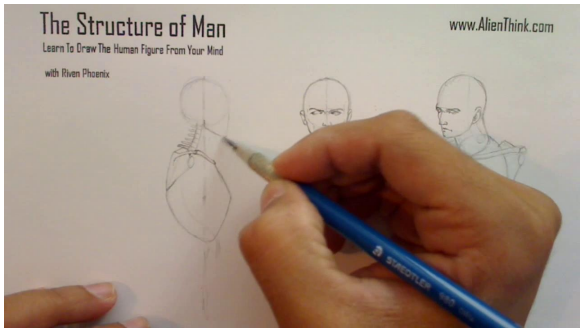
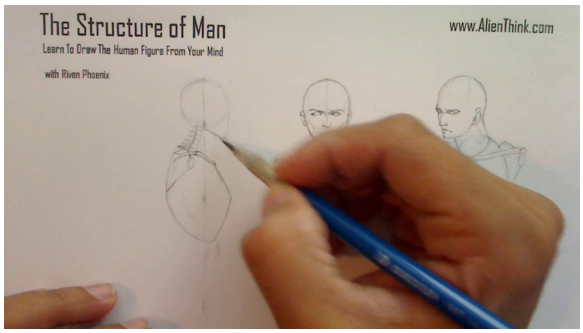
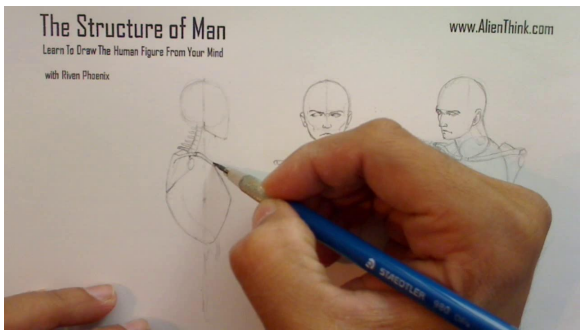
249		Okay, so to understand this all we have to really do is do that idea for the neck, right?
250		Just like this, we know it's going to be here.
251		This is the point where we know that it's going to be here.
252		I've already stated that over here it needs to come in a little bit, right?

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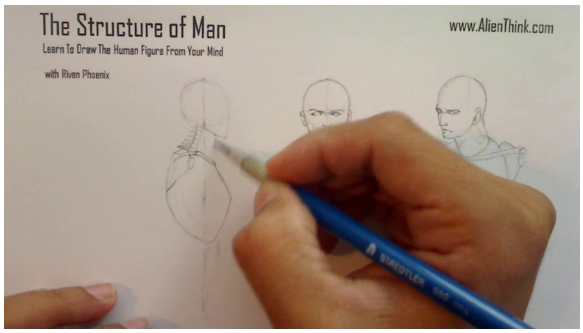
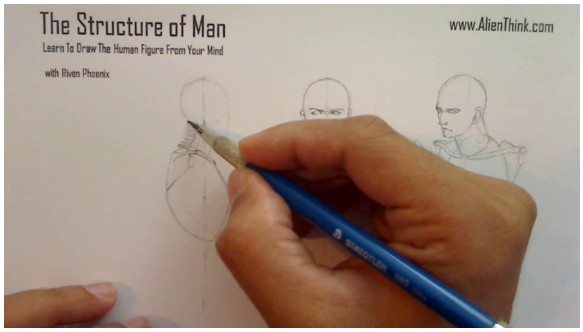
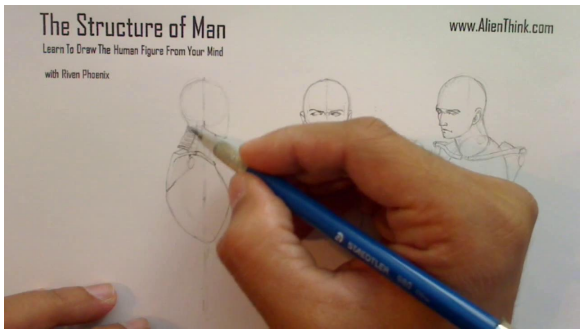
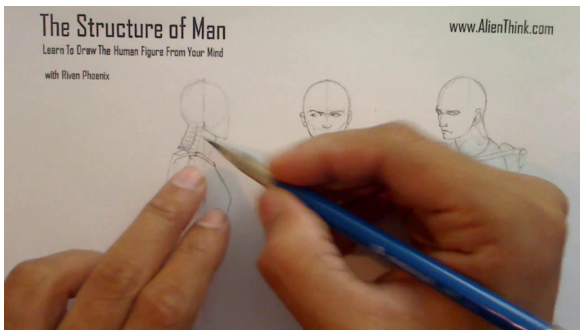
253		So it's going to be on this angle, right?
254		So over here we can do the same thing, just put it on an angle like this, right?
255		Use the system of our mannequin.
256		We know that the neck has to be like this, right?

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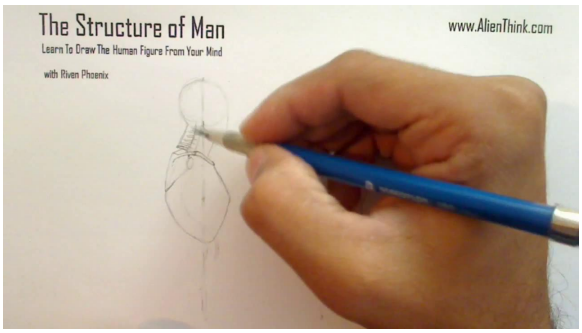
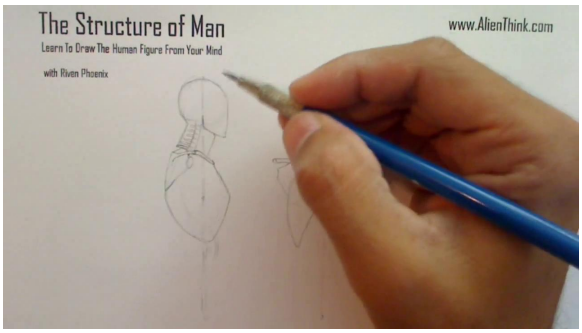
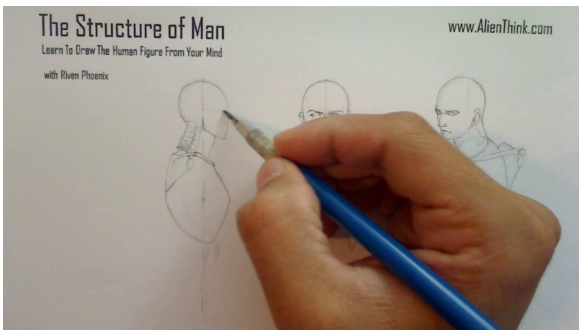
257		All we have to do is understand the muscles and the control lines are done with it.
258		Right, so here I'm just going to finish this off over here, just like this over here.
259		Okay, so here we now find the center, so the quick way we said that okay,
260		as soon as we have the center it's better to just go in this way, right?

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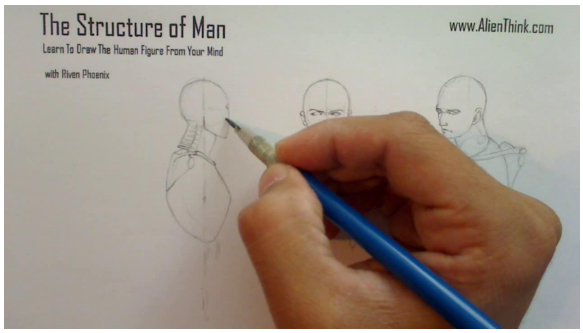
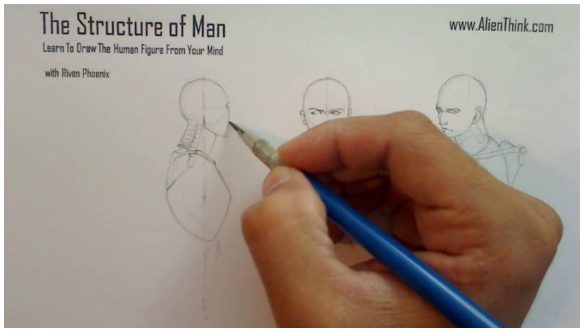
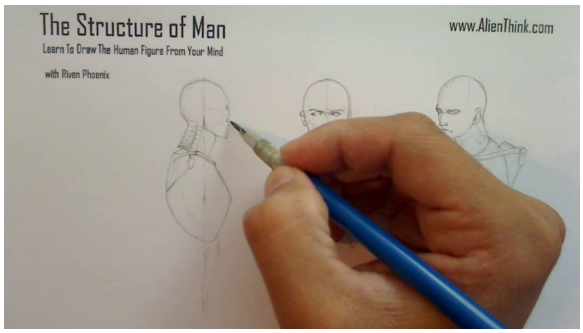
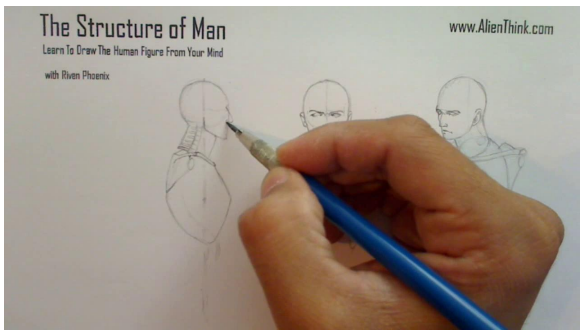
261		And then you begin to get the understanding of the nose.
262		So the nose really is just going to be about here, right?
263		So I'm just going to do
264		try experimenting with different noses.

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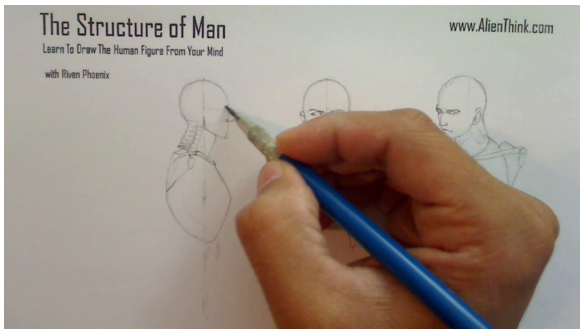
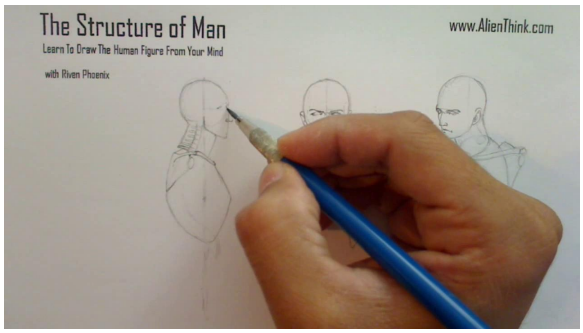
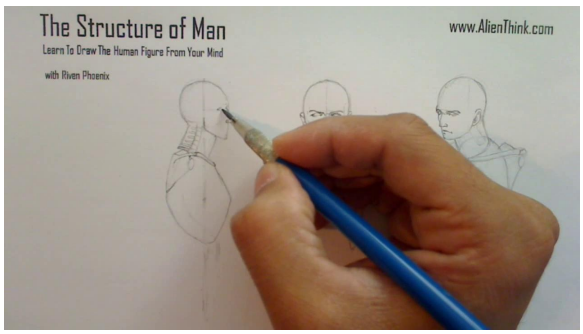
265		Now, right, do you know the eye socket is going to be here, right?
266		So the template really has to be here, meaning that your eye
267		on this center line, right?
268		Your eye is going to be kind of like deep in here and you're going to get like this, right?

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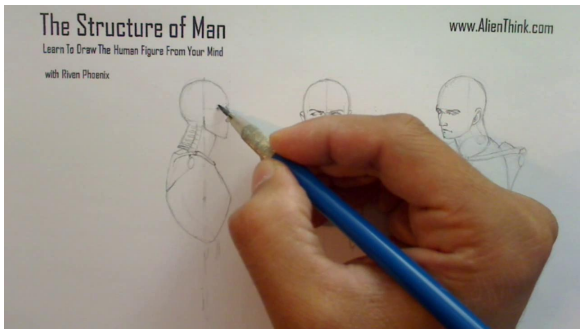
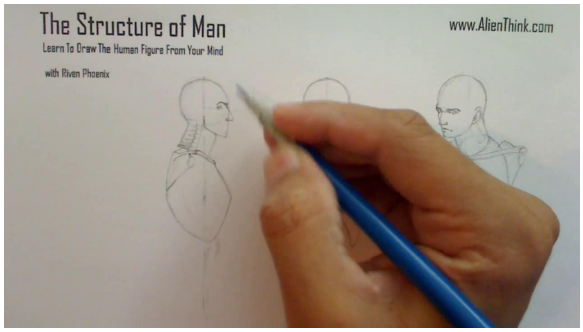
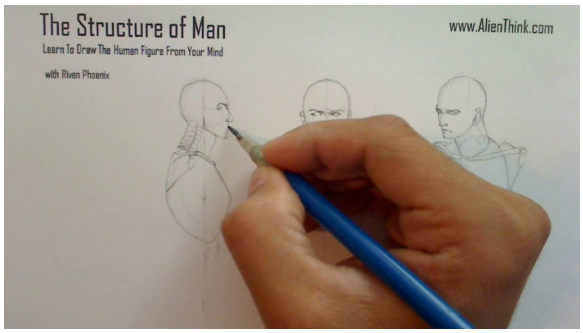
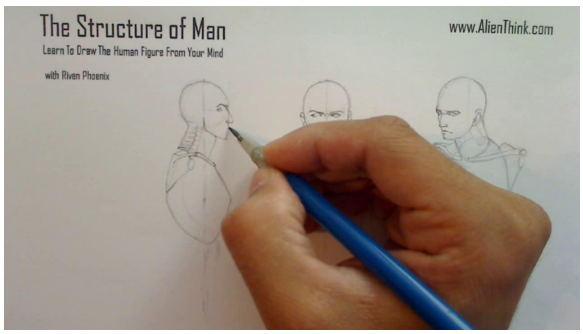
269		And then here you can begin to do like an eyebrow over here, just like this.
270		And then over here we said, right, don't forget the understanding of the lips,
271		right? How they're situated.
272		So here I'm going to get the top lip and then the bottom is going to be a little more smaller,

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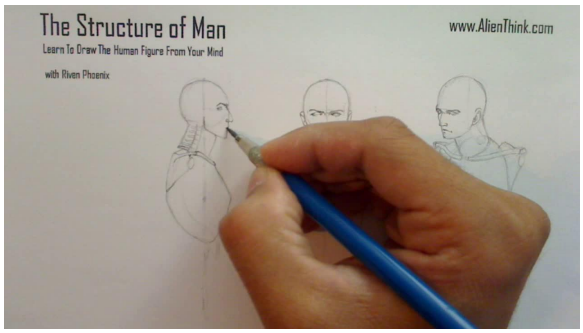
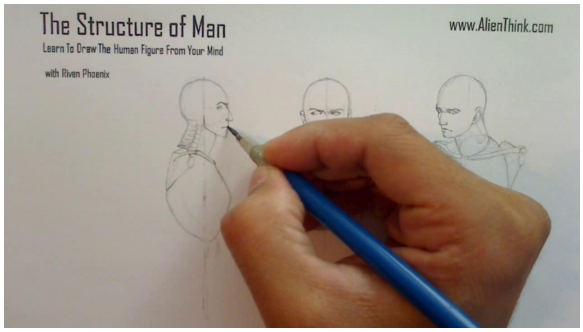
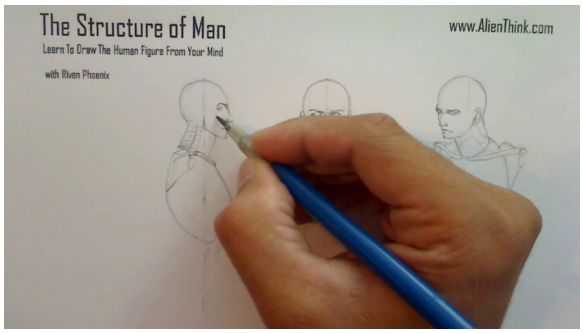
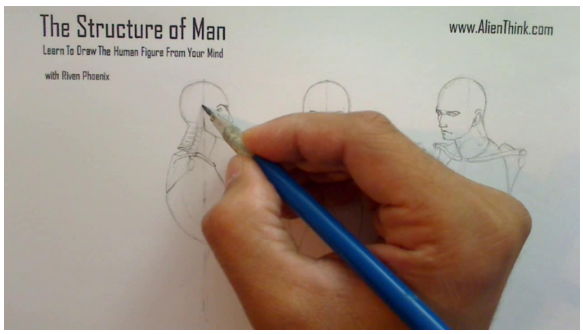
273		right? So here I'm just going to get this close to where the,
274		you know, of the eyes and just do this, right?
275		Then here I can just do the same thing, understanding your template and just do like a line.
276		And over here we can just now do the ear and the ear can be like,

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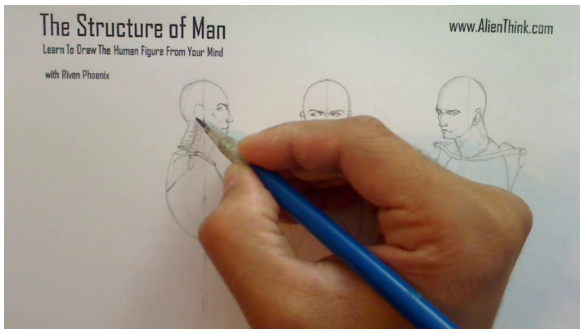
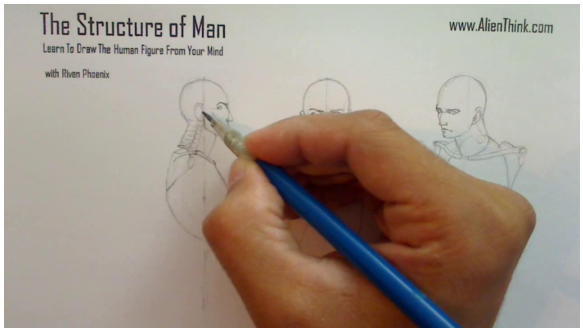
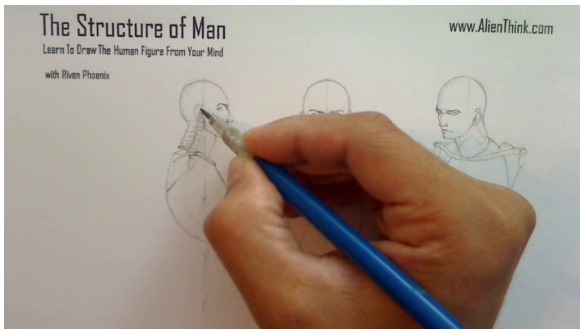
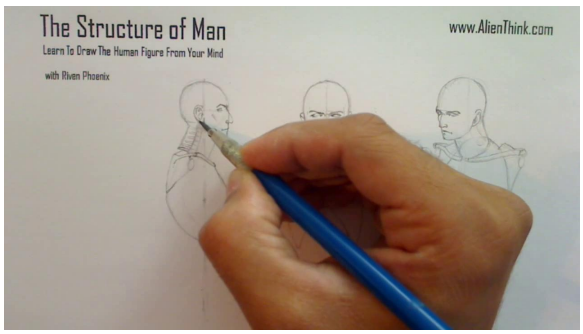
277		say this big ear and this is going to be very simple.
278		We know that this goes in here, we did like a double if we wanted to, right?
279		And then over here we're going to just get this area here that's going to be dark,
280		right? So you can do like a different version of the ear.

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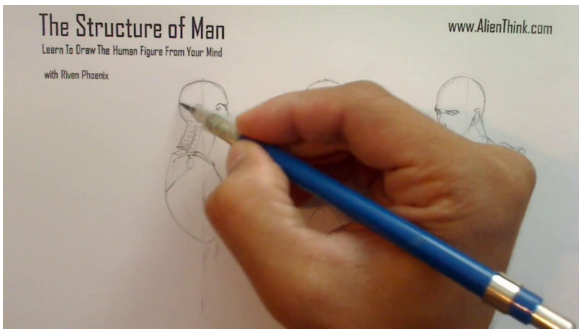
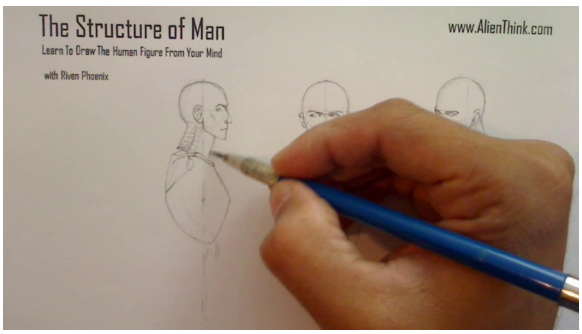
281		So once you get here, you have these choices of showing a little more of the template, right?
282		You can start changing things around a little bit more like this and then just finish
283		this off like so.
284		All right, so I understand this that it goes in here, right?

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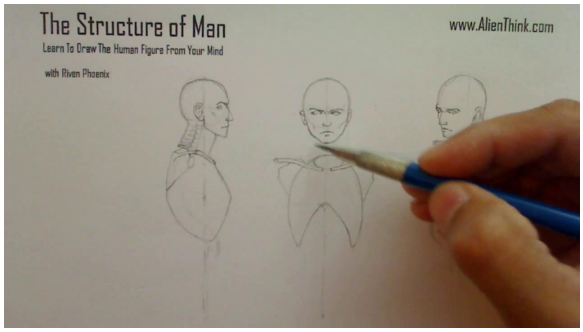
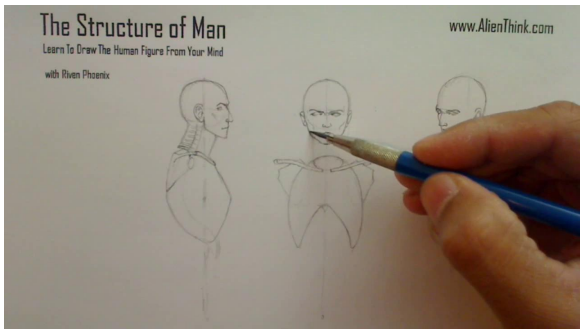
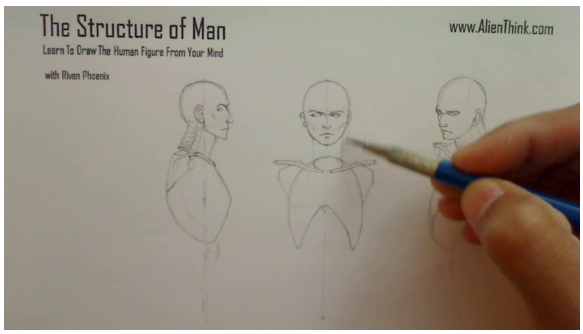
285		This area here, this is like a much more fine tune understanding of this.
286		So here where we are, we're going to also do the neck like this, right?
287		Look, but notice when we do this neck, right?
288		When to start noticing that over here where the jaw is, right?

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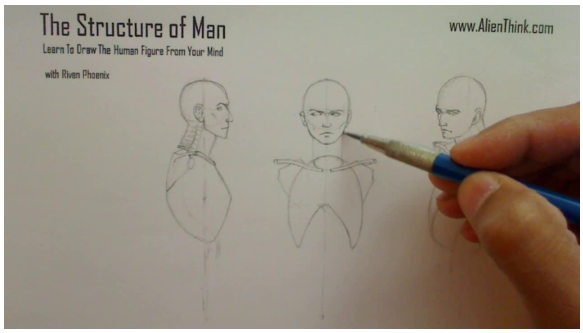
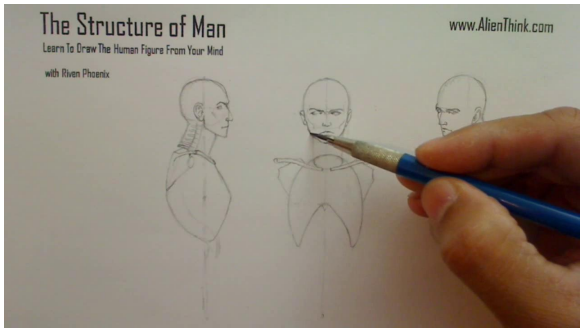
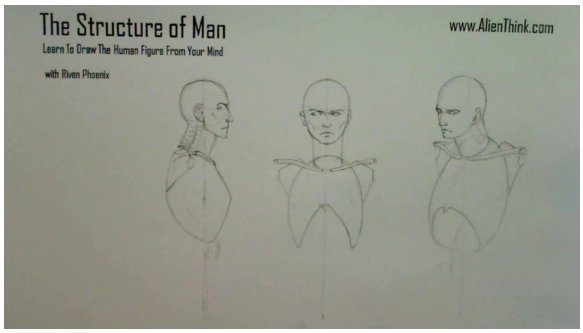
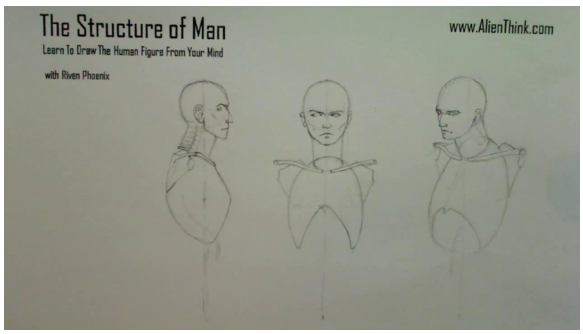
289		It really depends if somebody has a thick neck but here we're just going to do this
290		coming in a little bit and that's it, right?
291		So now we're ready to look at the muscles.
292		So I'll see you in the next lesson.

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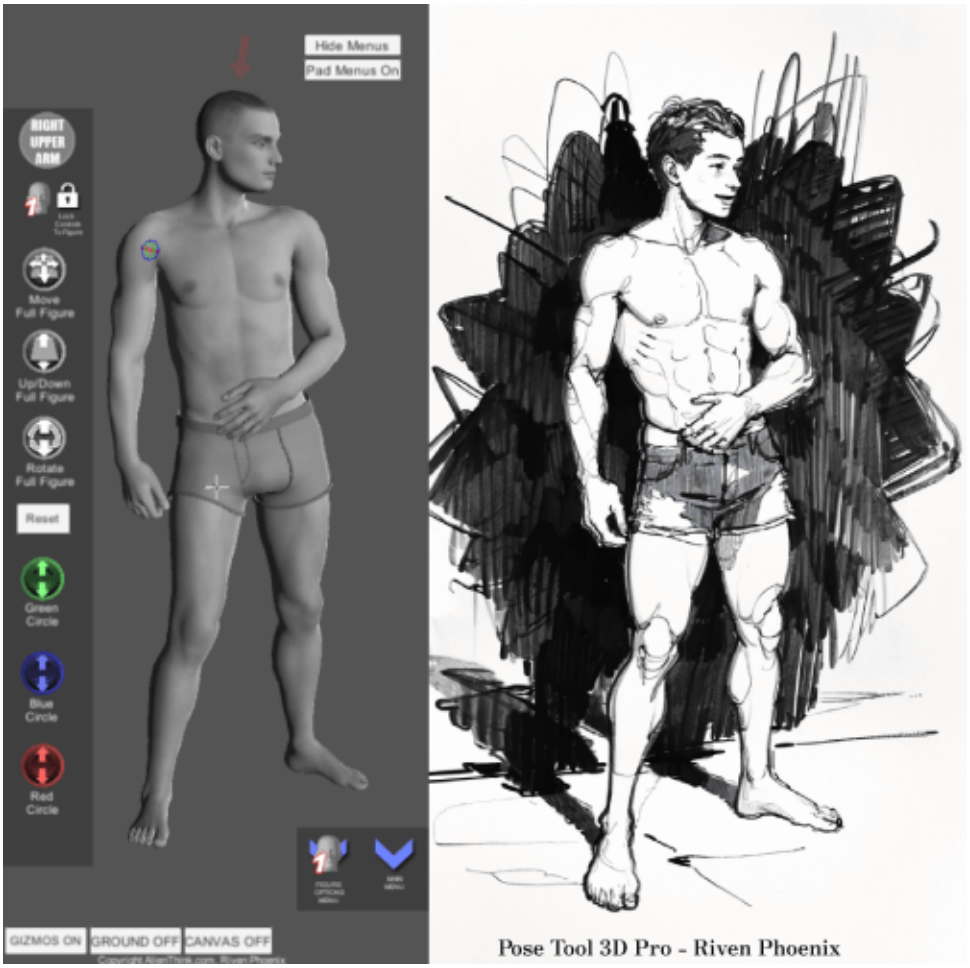

www.alienthink.com/pose-tool-3d/

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